

HMV NEWS

VOL 41 JUNE 2018

Patron : Principal Prof. Dr (Mrs) Ajay Sareen

Editor : Mr Neeraj Aggarwal



For Internal Circulation Only



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डी ए वी गान

अविरल निर्मल सलिल सदय,
ज्ञान प्रदायिनी ज्योतिर्मय,
हो चहुँदिस उद्घोष अभय ॥
॥ डी ए वी जय जय ॥

प्रबल प्रवाहमयी नित-नूतन
जीवन दायिनी सदा सनातन
वेद प्रणीता परम पुनीता,
यह धारा अक्षय ॥
॥ डी ए वी जय जय ॥

दयानन्द से प्रेम-भक्ति ले,
हंसराज से त्याग-शक्ति ले,
धर्म-भक्ति का राष्ट्र-शक्ति का,
हो दिनमान उदय ॥
॥ डी ए वी जय जय ॥

सुख समृद्धि इसकी लहरें,
प्रेम शान्ति इसके तट ठहरें,
सघन शान्तिमय प्रबल कान्तिमय,
लिए अटल निश्चय ॥
॥ डी ए वी जय जय ॥



From the Principal's Desk

**"Education is not the learning of facts,
but the training of the mind to think."**

- Albert Einstein

We have a history of ownership of women in our society, in our religion, in our system of marriage. In this patriarchal society, it is hard for women to make a change or contribute to society. What we wish to see more of is gender balance. I am encouraged to see this happening and am glad to be a part of this change. Leading by example has been my philosophy – do the things that you really believe in and others will be inspired to follow. In HMV, we strive to encourage development of scientific temper, humanism and spirit of inquiry in young girls. To inculcate these values in young minds we provide motivation through various kaleidoscopic activities which constantly challenge their mental and physical abilities thereby enhancing their innate potential to become sensitive and compassionate human beings with excellent qualities of head and heart.

Dear students, the capacity to discover yourself is the bedrock of development. Here at HMV we offer you ample opportunities to sharpen your skills and help you to make your dreams come true. We equip you with roots to grow and wings to fly. HMV stands majestically tall on the rock solid foundation of enduring vedic traditions coupled with modern technical knowledge. We provide every platform to our students to become morally conscious, socially responsible and intelligent young women who can take life as it comes without any fear or inhibition.

HMV News is compiled with an intent to showcase our efforts of accomplishing fresh milestones in terms of defining and redefining the paradigms to achieve excellence in various arenas of college life.

Prof. Dr (Mrs) Ajay Sareen
Principal

From the Editor's Desk

The tradition continues . . .

In continuation to the previous edition of HMTV News for the session 2017-18, I am immensely pleased to present you with the second instalment of this bi-annual newsletter of one of the most vibrant institutions of the country. This newsletter provides me with a chance to showcase what the Institution has been able to achieve in the last six months or so. An effective medium to link the members and stakeholders of the Institution, this newsletter, at the same time, serves as a channel to share relevant information with all the concerned including students, alumnae, parents, and faculty. I hope it would cater to the expectations of all.

On behalf of entire editorial team, I express my gratitude to our patron Principal Prof. Dr (Mrs) Ajay Sareen, an leader visionnaire, and Mrs Mamta, Dean Publications for their support and guidance.

Mr Neeraj Aggarwal
Editor

FIRST POSITION IN UNIVERSITY



Jaspreet Kaur
PG Dip in Cosmo
Sem-I



Anjali
B.Voc. (Web.MM)
Sem-I



Radhika
M.A. (MV)
Sem-I



Ashmita
B.Sc. (IT)
Sem-I



Harjas Kaur
Dip. in Counselling
Sem-I



Ramandeep Kaur
Dip. in Counselling
Sem-I



Muskan
B.Voc. (B & F)
Sem-I



Ishani Sharma
M.Sc. (BOT)
Sem-I



Simrandeep Kaur
M.Sc. (BIF)
Sem-I



Taniya
B.Voc. (WEB.MM)
Sem-V



Himakshi Sharma
B.Voc. (WEB.MM)
Sem-III



Simranjeet Kaur
B.Voc. (B & F)
Sem-III



Somya
B.Voc. (B & F)
Sem-V



Harpreet Kaur
PG Diploma in GCED
Sem-I



Yashika Kochhar
B.Sc. (BT)
Sem-III



Arshpreet Kaur
M.A. (MI)
Sem-III



Diksha Khanna
M.Sc. (FD)
Sem-I



Sumandeep Kaur
B.Sc. (BT)
Sem-V



Jaskirat Kaur
M.Com.
Sem-I



Pragati Chadha
M.A. (English)
Sem-I



Upasana seth
M.Com.
Sem-III



Tanya
BFA
Sem-V



Seema Gupta
PGDCA
Sem-I



Sarvpriya Kaur
BFA
Sem-III



Jaspreet Kaur
M.Sc. (Bio-Info)
Sem-III



Kareena Dhiman
PGDBM
Sem-I



Radhika Nagpal
BFA
Sem-I



Samta Sahni
B.Sc. (IT)
Sem-V



Harpreet Kaur
BDD (MM)
Sem-I



Monika
M.Sc. (BOT)
Sem-III



Priya
B.Sc. (NM)
Sem-V



Shivani Sharma
B.Sc. (C.Sc.)
Sem-V



Garima
B.Sc. (C.Sc.)
Sem-III

SECOND POSITIONS



Tapsi

B.Voc. (Web.MM)
Sem-I



Komal

M.A. (MV)
Sem-I



Neha

B.Voc. (B & F)
Sem-I



Sarabjeet Kaur

M.Sc. (BOT)
Sem-I



Radha Chopra

M.Sc. (BIF)
Sem-I



Radhika

B.Voc. (Web.MM)
Sem-V



Neha

B.Voc. (Web.MM)
Sem-III



Tanvi

B.Voc. (B & F)
Sem-III



Kiranpreet Kaur

B.Voc. (B & F)
Sem-V



Bhanupriya

B.Sc. (BT)
Sem-III



Mahima Bhatia

M.A. (MI)
Sem-III



Simarpreet Kaur

M.Sc. (FD)
Sem-I



Kamna Kapur

M.Com.
Sem-III



Muskaan

BCA
Sem-III



Ekanshi Tiwana

BFA
Sem-III



Shashi Kala

M.Sc. (Bio-Info)
Sem-III



Gurveen Kaur
BD (MM)
Sem-III



Neetu
PGDBM
Sem-I



Kanchan
M.A. Hindi
Sem-III



Diksha Anand
M. Sc. (BOT)
Sem-III



Sumandeep Kaur
M.Sc. (C.Sc.)
Sem-III



Utsav
B.Sc. (C.Sc.)
Sem-V

THIRD POSITIONS



Simran Chaduary
B.Voc. (Web.MM)
Sem-I



Kiranpreet Kaur
M.A. (MV)
Sem-I



Chesta
Dip. in Counselling
Sem-I



Tamanna Arora
B.Voc. (B & F)
Sem-I



Navpreet Kaur
M.Sc. (BOT)
Sem-I



Akanksha Rana
M.Sc. (BIF)
Sem-I



Honey Sabharwal
B.Voc. (Web.MM)
Sem-V



Ulfat
B.Voc. (Web.MM)
Sem-III

Resplendent Accomplishments in Academia



Sonia

B.Voc. (B & F)
Sem-III



Sunali

B.Voc. (B & F)
Sem-V



Gurneet Kaur

M.Com
Sem-III



Anupriya

B.Com.
Sem-III



Payal

M.Sc. (Bio-Info)
Sem-III



Priya Patial

BFA
Sem-VII



Neha Barna

M.A. (Pol. Sci.)
Sem-III



Aabha Loachotra

PGDBM
Sem-I



Vaasvi Amar

BBA
Sem-V



Sanju

B.Sc. (FD)
Sem-III



Kiranpreet Kaur

B.Sc. (FD)
Sem-III



Diksha

BMM
Sem-VII



Siristi Sen

M.Sc. (BOT)
Sem-III



Anjali anand

B.A.
Sem-III



Rafia

B.A.
Sem-V



Laj

B.A.
Sem-V



Rupinderbir Kaur

B.Sc. (IT)
Sem-III



Jasparam

B.Sc. (Med.)
Sem-V

OUR SOURCE OF INSPIRATION



Conferred with the Award of Edupreneurs, Award of Best Principal, Award of Appreciation and honoured by Indian Red Cross Society for donating blood 20 times, Principal Dr. Mrs Ajay Sareen is an epitome of unparalleled dedication, monumental achievements and commitment to the cause of education. She has a number of memberships and honours to her credit.

- President of Indian Olympic Association, Punjab
- NAAC PEER Team Assessor since 2012
- Observer for UGC NET Examination since 2010
- Observer of All India Pre Medical/Pre Dental Entrance Exam

Prestigious Member of:

- Sub Committee to Court Management System by Punjab & Haryana High Court
- Advisory Committee of College Development Council
- Academic Council
- Advisory Committee, Youth Welfare Department
- Examination & Evaluation Committee, GNDU Amritsar
- Principal's Federation, Punjab
- Punjab State Legal Services Authority, Department of Legal & Legislative Affairs, Government of Punjab
- District Level Monitoring Committee of Information and Broadcasting Department, Government of India
- District Community Services of Police, Batala
- District Anti Ragging Committee
- District Police Advisory Committee
- Association of Indian College Principals
- Finance Secretary, Principal' Association GNDU wing
- President, Sports Committee, GNDU Amritsar
- Vice President, Principals' Association, GNDU Amritsar
- Life Member DAV College Trust & Management Society, New Delhi
- President, Arya Samaj, College Vibhag, Batala
- Manager/ Member of LMC's of 21 DAV Institutions of Batala, Gurdaspur, Pathankot, Amritsar, Qadian, Bheri, Kalanaur and Dasuya

Crème de la Crème

Memberships held by Faculty Members in GNDU

Mrs. Neety Sood

Member of Board of Studies in Home science Common Board
Member of Faculty of Sciences

Dr. Kanwaldeep Kaur

Member Faculty of Economics & Business
Member Board of Moderation GNDU Amritsar

Mrs. Jyoti Kaul

Member of Board of Studies in Chemistry (UG)
Member Academic Council
Member Faculty of Sciences

Mrs. Kawaljit Kaur

Member of Board of Studies, Punjabi
Member Academic Council

Mrs. Mamta

Member of Board of Studies, English (PG)

Mrs. Sunita Dhawan

Member of Board of Studies, Sanskrit (UG)

Dr. Seema Marwaha

Member of Board of Studies, Zoology (UG)

Dr. Jyoti Gogia

Member of Board of Studies in Hindi (UG)

Mrs. Chandrika

Member Faculty of Economics & Business
Member Board of Moderation GNDU Amritsar
Member of Board of Studies

Mrs. Meenu Kohli

Member Faculty of Economics & Business

Dr. Ashmeen Kaur

Member of Board of Studies, Psychology (UG)

Dr. Sangeeta Arora

Member of Board of Studies, Computer Science
Member Faculty of Engineering & Sciences

Ms. Shama Sharma

Member Faculty of Visual Arts & Performing Arts

Mr. Gulla Gong

Member of Board of Studies, Computer Science

Crème de la Crème

Memberships held by Faculty Members in GNDU

Dr. Meena Sharma

Member PG Board of Studies Department of Botany and EVS
Member Moderation Committee GNDU Amritsar
Member Life Sciences

Mr. Jagjit Bhatia

Member CDC
Special Invitee Board of Studies Computer Sc.& Engg.

Dr. Anjana Bhatia

Member PG Board of Studies Department of Botany and EVS
Member Moderation Committee GNDU Amritsar
Member of Board of Studies, Khalsa College Amritsar

Dr. Shaveta Chauhan

Member of Board of Studies in Botanical &
Environmental Sciences (UG, PG)

Mrs. Rama Sharma

Member of Board of Studies in Journalism
& Mass Comm. (UG, PG)

Dr. Nitika Kapoor

Member of Board of Studies in Botanical &
Environmental Sciences (UG)

Mrs. Asha Gupta

Member of Board of Studies in Chemistry (UG)

Ms. Saroj Mahajan

Member of Board of Studies in Mathematics (UG)
Member Academic Council

Mrs. Nita Malik

Member of Board of Studies, Political Science
Member Faculty of Arts and Social Sciences

Mrs. Savita Mahindru

Member Faculty of Economics & Business

The Jocund Month of **JANUARY**



Padamshri Sant Baba Balbir Singh Ji Seechewal planting a tree.

January 2



The NCC Army Wing cadets participated and won prizes at various national camps.

January 3



Poster Making Competition organized during NSS Camp at HMV.

January 4

A lecture organized on 'Data Analysis & SPSS' under Faculty Enrichment Programme. The resource person, Dr Kanwaldeep Kaur, Dean Academics, talked about statistical term 'data' and the difference of raw data and processed data. Ms Shallu Batra imparted theoretical and practical knowledge of the SPSS software.

January 5



The NSS volunteers visited Apahaj Ashram and donated eatables, clothes, and items of daily use to the needy.

January 6

A Service to Humanity Medical Camp for Women

The NSS Unit of the college organized a free medical camp for women at Gakhai village. The village has been adopted by the NSS Unit. Dr Aarti, Medical Officer of the college, and NSS volunteers conducted the camp. Various diseases were diagnosed at the camp. Women were given free medical advice and treatment suggestions. Principal Prof. Dr (Mrs) Ajay Sareen congratulated the Programme Officers Mrs Veena Arora, Dr Anjana Bhatia, and their team for successfully organizing the camp.



January 7

Educational Trip to Amritsar

HMV Collegiate Sr. Sec. School organized a One-day Educational Trip to Amritsar. About 115 students were taken to 'Saada Pind' situated on the outskirts of Amritsar. Students had an insight into the Punjabi culture by visiting old Post Office, Hath Khaddi, Phulkari with Charkha, Old Film Industry, Musical Room and DJ Point.

January 8

A lecture on Career in Commerce

A lecture on Career in Commerce was organized under 'Career Advancement Lecture Series' for the students of HMV Collegiate Sen. Sec. School. The resource person Dr Seema Khanna, Associate Prof. in Commerce, gave career guidance to commerce students. She assured them to have a bright future in the stream. Dr Khanna apprised the students of various professional courses like CA, CS and Cost Accountant.



January 9

Havan Yajna on the occasion of New Year A Fresh Start



Havan Yajna was performed on the premises of Hans Raj Mahila Maha Vidyalaya with chanting of Gayatri mantras followed by the prayer to Almighty for peace and happiness in the new year. The Chief Guest Justice (Retd) Sh. N.K. Sud, Chairman, LMC was accorded a warm welcome by Principal Prof. Dr (Mrs) Ajay Sareen.

On this occasion, Justice (Retd) Sh. N. K. Sud released the College Planner 2018. Principal Prof. Dr (Mrs) Ajay Sareen gave best wishes to the staff members on the new year and conveyed the message of Arya Ratan Padamshri Dr Punam Suri Ji, President DAV CMC, New Delhi to work in a collective manner for the development of the institution.

January 10

'Digital Notice' Inaugurated



In its commitment to save environment by saving trees, HMV introduced 'Digital Notice'. It was inaugurated by Justice (Retd) Sh. N. K. Sud, Chairman, LMC. He appreciated the constant efforts of Principal Prof. Dr (Mrs) Ajay Sareen to move the institution towards digital era.

January 12

Lohri Shagna Di' Celebrated on the Campus

Lohri Shagna Di, the festival of bonfire, was celebrated on the campus of Hans Raj Mahila Maha Vidyalaya. The Chief Guest of the occasion was Mr Sukhi Bath, founder of Punjab Bhawan in Canada. Guest of Honour were Mr Avtar Henry (Junior), M.L.A.; Mr Varinder Walia, Editor Punjabi Jagran and Mr Kulwinder Singh Gakhil. Principal Prof. Dr (Mrs) Ajay Sareen encouraged everyone to celebrate Lohri by ending discrimination between boys and girls. The students of Govt. Sr. Sec. School, Basti Mithu, were also present for the celebration and they were given gifts. Folk songs and dance of Lohri by the students of Music and Dance departments created a splendid ambience on the occasion. All the guests and staff members celebrated Lohri with full enthusiasm.



January 13

Valedictory Function of NSS



Hans Raj Mahila Maha Vidyalaya organized the Valedictory Function of NSS Camp on the occasion of National Youth Day. The day started with DAV Gaan and NSS Anthem.

Chief Guest of the occasion was Mr Sukhi Bath, founder of Punjab Bhawan in Canada and Guest of Honour was Mr Avtar Henry (Junior), M.L.A. The NSS campers Raghvi, Ragini and Mansimran were among other to win prizes for various activities.

Research Corner

Dr Ekta Khosla et al published an article 'Efficient Micellar Extraction of Ternary Mixture of Cationic Dyes from Aqueous Medium' in Journal of Surface Science Technology, Vol. 33, 3-4, 106-114, January 2018.

January 14

The Jocund Month of January

Road Safety Drive on Vijay Diwas

The NCC Unit of Hans Raj Mahila Maha Vidyalaya celebrated Vijay Diwas in collaboration with NCC Air Squadron. NCC cadets of Air Wing participated in a rally with leaflets having slogan on Awareness on Road Accidents and Traffic Discipline Values. The cadets also controlled the traffic at Mahatma Hans Raj Chowk. Principal Prof. Dr (Mrs) Ajay Sareen appreciated the efforts of cadets.



January 15-19

The INSPIRE Series on the theme of 'Water Conservation'



4TH DST Inspire Internship Science Camp, sponsored by the Department of Science and Technology, Govt of India, was inaugurated in our college on 15th Jan, with 'Water Conservation' as the major theme. On this occasion, the Annual Science Magazine of the college, 'Science Gravity' was also released. This five-day camp included various practical sessions as well as lectures by science scholars from prestigious colleges and universities. Two hundred students from various districts of Punjab participated in the camp. Students had the opportunity to have interactive sessions with research scholars of high repute Dr Narpinder Singh, Director Research, GNDU; Dr Arvind, Prof. in Physics and Coordinator IISER, Mohali; Dr Tarlok Singh Lobana from GNDU, Amritsar; Mr Harsh Manchanda from NIIT Jalandhar.

Mr Jaswinder Singh, recipient of Shiksha Ratna Award, gave easy tips to memorize mathematical formulas. Many other resource persons and keynote speakers from various other institutes like Dr B. R. Ambedkar NIT Jalandhar, Panjab University Chandigarh, etc enlightened the students with new scientific applications and future possibilities in the field of science.

Padamshri Sant Baba Balbir Singh Ji Seechewal, waterman of Punjab, graced the concluding day of the camp with his august presence. Winners of Quiz Competition were awarded prizes. The purpose behind these activities was fully achieved as it helped to inculcate research aptitude among students by igniting their scientific temper. It was very insightful and motivating experience which was hugely applauded by the participating students.



January 20



Overall Trophy in 'Color-2018'

The students of Hans Raj Mahila Vidyalaya bagged overall trophy in 'Colors-2018' organized by CT Institute of Management & Information Technology, Jalandhar. The students won first prize in Fashion Show, Clay Modelling, Folk Dance, Folk Music, and Western Music; second prize in Poster Making, Table Setting, Business Plan, and Ad Mad show; third prize in News Anchoring and Debate.

Our Repertoire of Knowledge and Skill

Mr Harpreet Singh, Dept of Bioinformatics, acted as the Coordinator of the 4th DST sponsored Inspire Internship Science Camp conducted during Jan 15-19, 2018.

Mrs Meenu Kohli, Dept of Commerce, participated in workshop on 'Role of Local Chapters Conducted by IIT Kanpur at JC DAV College, Dasuya on Jan 18, 2018.

January 22



Basant Panchami Celebrated on the Campus

Hans Raj Mahila Maha Vidyalaya celebrated Basant Panchami with Kite Flying Competition organized by Student Council. The occasion commenced with Saraswati Pujan followed by Saraswati Vandana by the students of Music Dept Principal Dr (Mrs) Ajay Sareen accorded floral welcome to the chief guest Mrs Saisha Chopra, a Social Activist. Students made the event luminous and scintillating with their colourful dance and Bhangra performance. In the Kite Flying Competition, Aarti and Anjali won first and second prize respectively in Student Category. Dr Kanwaldeep and Mr Pardeep Mehta bagged first prize; and Mr Harpreet Singh, Mr Jagjit Bhatia and Mr Money got second prize in Teaching Category. Mr Rajiv Bhatia and Mr Vidhu Vohra received first and Mr Lakhwinder Singh got second prize in Non-Teaching category. The Principal and Deans honoured Mrs Saisha Chopra with planter and special gifts made by the students of Student Council and Home Sc. Dept.

January 23

Athletics team won Laurels in School District Athletics Championship

The Athletics team of HMV Collegiate Sr. Sec. School brought laurels by winning various medals in the School District Athletics Championship. Diya got 3 gold medals. Kamaljeet Kaur won 2 Gold medals and one silver medal. Tanya got one Gold medal and Fiza got one silver medal. In addition, Kamaljeet Kaur got silver medal in School State Athletics Championship held at Sangrur. She has also participated in National School Games held at Rohtak (Haryana). Principal Prof. Dr (Mrs) Ajay Sareen congratulated the team members and the students.



January 24



Priyanka Marwaha of HMV gets best speaker award at National Youth Parliament, Pune

January 25

Students of SSC I (Arts and Science) of HMV Collegiate Sr. Sec. School visited Golden Temple to pay homage and seek the blessings of Almighty.

January 26



Ms Sadhna of Hans Raj Mahila Maha Vidyalaya got Bronze Medal in All India Inter University Rhythmic Gymnastics Championship held at Kurukshetra University.

Our Repertoire of Knowledge and Skill

Dr. Ashmeen Kaur, Dept of Psychology, acted as resource person at Faculty Development Programme on 'Psychometric Testing and Behavioral Assessment' organized by Department of Psychology at DAV University, Jalandhar on Jan 26, 2018.

January 27

Principal Prof. Dr. (Mrs.) Ajay Sareen honoured at R-Day Function

Principal Prof. Dr. (Mrs) Ajay Sareen was honoured at 69th Republic Day Ceremony organized by District Administration. The award was presented by Speaker of Punjab Vidhan Sabha, Rana K.P. Singh. On this occasion, Deputy Commissioner Jalandhar IAS Mr Varinder Sharma was also present. Prof. Dr Sareen was honoured for her contribution in the field of education and spreading environment consciousness among the students. There were two points which were considered for this award. One was gifting saplings to all the dignitaries at various functions of the college and the other was celebration of Green Diwali in the campus.



January 28

Health Awareness Seminar Organized on the Campus

Department of Zoology organized a Health Awareness Seminar on the prevention of HINI/Dengue/Chikungunya/Malaria and other mosquito-borne diseases. Principal Prof. Dr. (Mrs) Ajay Sareen extended floral welcome to the resource person, Dr Satish Kumar, Medical Officer, Civil Hospital, Jalandhar. He delivered a lecture under Integrated Disease Surveillance Programme launched by Ministry of Health and Family Welfare, Govt. of India.

January 29



Highest number of students selected in Placement Drive

Concentrix, a business services company, organized a Campus Placement Drive at Hans Raj Mahila Maha Vidyalaya through Placement Cell of the college. Principal Prof. Dr. (Mrs) Ajay Sareen welcomed the HR Executive of the company, Mr B. Subramaniam. Around 105 students of all PG and UG final year classes participated in the drive. There were three rounds. First round was Human Resource round; Second round was voice and accent round; and the third round was written aptitude test. 57 students of the college got placement in Concentrix, which is the highest percentage. Principal Prof. Dr. (Mrs) Ajay Sareen congratulated the selected students and Coordinator of Placement Cell, Mr Gullagong and his team.

January 30

Interactive Session on Moral Values at HMV Collegiate School

HMV Collegiate Sr. Sec. School organized interactive session on Moral Values. Renowned personality of international repute, Sh. Ajaib Singh Chatha, Chairman World Punjabi Congress from Toronto, Canada graced the occasion. Principal Dr. (Mrs) Ajay Sareen and Coordinator Mrs Meenakshi Syal accorded floral welcome to the guests. Sh. Chatha, the speaker of the session, explained the students about need of moral values in daily life in a very simple and interesting manner by giving live examples. He also emphasized the need of good virtues such as honesty, integrity, truthfulness, compassion, respectfulness, hard work, etc. to be the part of curriculum.



Research Corner

Mrs Jyotika Minhas, Dept of Economics, presented a paper titled 'E-learning for Employability Skills: From the Perspective of Students' in NAAC sponsored National Seminar on Academic and Administrative Audit in Higher Education Institutions organized by DAV College, Jalandhar on Jan 19-20, 2018.

The Fragrant Month
of
FEBRUARY

हेलमेट पहनिए सुरक्षित चलिए



Promoting the campaign 'Helmet Pehniye, Surakshit Chaliye'.

February 1



The Artistic Gymnastics Team of the college participated in GNDU Inter College Artistic Gymnastics Championship 2017-18 held at GNDU Campus and won first position.

February 2-3

International Conference on Contemporary Issues in Social Sciences



Two-day International Conference on 'Contemporary Issues in Social Sciences' was organized at the college. The chief guest of the occasion was Prof. S.S. Johl, Chancellor, Central University of Punjab, Bathinda. The keynote speaker was Dr. Badrinarayanan Gopalkrishnan, Economist, University of Washington, Seattle, USA. The special guests were Prof. Navdeep Singh Tung, Dept of Psychology, GNDU Amritsar and Prof. Vandana Sharma, Former Dean, Faculty of Social Sciences, Punjabi University, Patiala. On this occasion, Principal Prof. Dr. (Mrs) Ajay Sareen conveyed the message of President, DAVCMC Padamshri Dr. Punam Suri and said that it is the wish of Dr. Suri to send the resolutions of this conference to the Ministry. On this occasion, 'International Journal of Scientific and Social Research' was also released, which is a joint publication of HMV and Academy for International Science and Research, U.K.

The Chief Guest of the valedictory ceremony was Prof. Davinder Singh Ladhar from Canada. The Guest of Honour was Mrs. Shruti Shukla, Deputy Director, SCERT. Among other dignitaries were Dr. Anil Dutta Mishra from Allahabad; Dr. Mohd. Khalid from Panjab University Chandigarh; Mr. Talwinder Dhillon from England; Sh. Satinder Sidhva, Director Radio Punjabi Lehra, Toronto; Mr. Diljinder Sahota, Young Punjabi Poet from California. Total 163 paper presenters and delegates attended this conference.

Research Corner

Mrs. Gagandeep, Dept of Mathematics, presented a paper titled 'Convergence Study of an Iterative Method in Banach Spaces and its Dynamics' in 14th Biennial Conference of Indian Society of Industrial and Applied Mathematics at GNDU, Amritsar on Feb 2, 2018.

Dr. Ashmoon Kaur, Dept of Psychology, presented a paper titled 'Life Skills: Precursor to Sustainable Development' in two-day International Conference on Contemporary Issues in Social Sciences organized by HMV, Jalandhar on Feb 2-3, 2018.

Mrs. Savita Mahendru, Dept of Commerce, presented a paper titled 'Sustainable Development in India: STGo 2030' in two-day International conference on Contemporary Issues in Social Sciences organized by HMV, Jalandhar on Feb 2-3, 2018.

Mrs. Jyotika Minhas, Dept of Economics, presented a paper titled 'An Empirical Study of Determinants of Child Labour' in two-day International Conference on Contemporary Issues in Social Sciences organized by HMV, Jalandhar on Feb 2-3, 2018.

Ms. Harmanu Paul, Dept of Economics, presented a paper titled 'Building Human Capital for Sustainable Development' in two-day International Conference on Contemporary Issues in Social Sciences organized at HMV, Jalandhar on Feb 2-3, 2018.



February 4



Students of HMV Collegiate Sr. Sec. School won laurels in 8th SOF, International English Olympiad.

February 5



Ten-Day Workshop on Sanskrit

The Sanskrit department of Hans Raj Mahila Maha Vidyalaya organized a ten-day workshop on Everyday Use of Sanskrit Language under the able guidance of Principal Prof. Dr (Mrs) Ajay Sareen. The Chief Guests of the occasion were Dr Udayan Arya, Principal, Guru Virjanand Gurukul Mahavidyalaya, Kartarpur and Sh. Sanjeev Shrivastava. Thirty-five participants were given certificates.

February 6

Ad-Mad Competition

HMV Collegiate Sr. Sec. School organized an Interclass Ad-Mad Competition. The students from Commerce and Arts faculty participated in the competition. The teams presented awareness advertisements on various topics like GST, Demonetization, Save Girl Child, Swachh Bharat, and Tree Plantation. Principal Prof. Dr (Mrs) Ajay Sareen appreciated the innovative way of learning.

Students of B. Sc. FD Sem-II and ADFD Sem-II visited Kri Visions, Ludhiana to know about the functioning of knitting machines.

February 7

A Workshop on 'No Work No Shop'



The Innovative Cell of the college organized a workshop on 'No Work No Shop'. The chief speaker of the workshop, Mr Rishi Miranhashah, presented his perspective to the audience that human beings do not own this earth rather they owe to the earth and it is our responsibility to make it a better place.

February 8

Our Students Shine at 'National Media Fest'



The students of Mass Communication and Video Production department of the college brought laurels by winning various prizes in National Media Fest organized by Doaba College, Jalandhar. Principal Prof. Dr (Mrs) Ajay Sareen congratulated them.

February 9

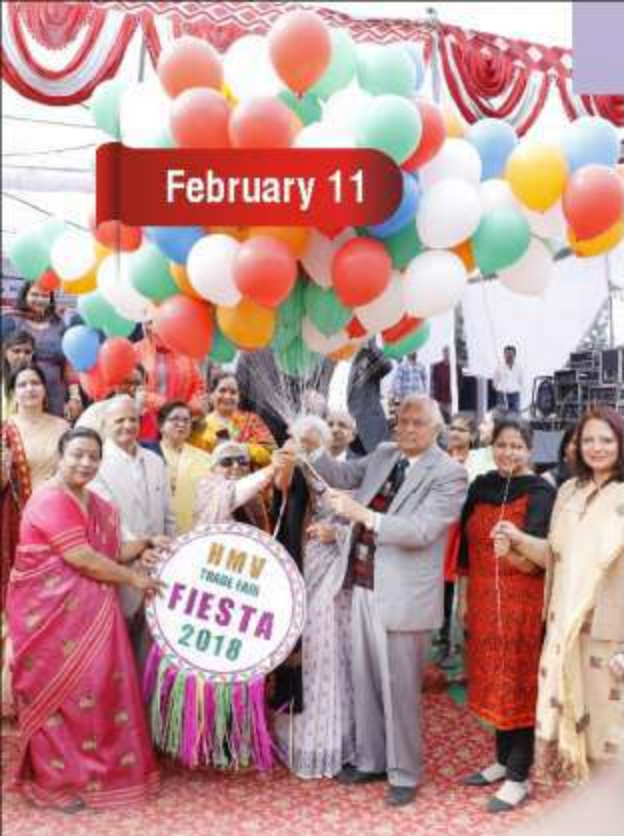
Ms Ridham and Ms Shadia of our college cleared their CPT examination. Both the students got coaching for the same at HMV. Principal Prof. Dr (Mrs) Ajay Sareen and Dean Academics Dr Kanwaldeep Kaur congratulated the students.

February 10

Students from the Dept of Commerce and Management participated in Echoes-2018 held at IIM, Kozhikode.



February 11



An annual fete 'Fiesta The Trade Fair 2018' was organized at Hans Raj Mahila Maha Vidyalaya. Hon'ble Chief Guests, Justice (Retd.) N.K. Sud, Vice President, DAVCMC and Chairman LMC and other guests were accorded a floral welcome by Principal Dr. (Mrs.) Sareen. Beginning with traditional mangal tilak, the fete was declared open by Justice N. K. Sud by releasing balloons carrying the logo of the HMV Fete. The event also witnessed the release of Vol. 40 of HMV News. Trade fair organized by Commerce department remained its special feature this year. Mrs Arunima was crowned first lady of the HMV.

A fashion show was also organized on the occasion. After passing through various rounds, the titles of Ms Stylish, Ms Ethnic, Ms Charming, Ms Elegant, and Ms Fete were conferred on Sunaina, Harpreet, Anisha, Surbhi Jain and Nidhi Sharma respectively. Adding to the grandeur of the show was the presence of eminent singers Masha Ali and Diljaan. In addition, the star cast of upcoming movie 'Laavan Phere' was also present which included Roshan Prince and Rubina Bajwa. During the Raffle Draw in the evening, the Chief Guest Sh. Jagdish Raj Raja, Mayor MCJ, gave away the prizes.

HANS RAJ MAHILA MAHA VIDYALAYA Welcomes you to **FIESTA** THE TRADE FAIR 2018



February 12

Seminar on Breast Cancer

Youth Red Cross Society and Home Science Club of Hans Raj Mahila Maha Vidyalaya organized a seminar on Breast Cancer to observe World Cancer Day. The speaker of the occasion was Dr Archana Dutta, Oncologist, PIMS.

R. Venkataraman Chemical Society of HMV organized an industrial tour to Sun Pharmaceutical Ltd. Students visited different sections of the industry like quality assurance, manufacturing, packaging and dispensing. Students also learnt the technique regarding separation and purification of drugs.

February 13

Havan Yajna to celebrate Rishi Bodhutsav

Havan Yajna was performed on the premises of Hans Raj Mahila Maha Vidyalaya to mark the celebration of 'Rishi Bodhutsav' in commemoration of the enlightenment of Maharishi Dayanand Saraswati. The ambience bore a spiritual look with everyone donning the saffron Om Patakas and reciting the Gayatri Mantra. Principal Prof. Dr (Mrs) Ajay Sareen also congratulated the members for the newly built office, visitors' hall and reception. On this occasion, Langar was served throughout the day for teachers, students and outsiders.



February 14



World Radio Day celebrated at HMV

The department of Mass Communication and Video Production of Hans Raj Mahila Maha Vidyalaya celebrated 'World Radio Day'. Mr Gaurav Maini aka RJ Garry from My FM 94.3 and Mr Amit, a scriptwriter, were speakers of the occasion. RJ Garry gave tips about the style and presentation of Radio programme to the students of the department. Mr Amit gave some tips about writing the scripts for radio shows and commercials. Mrs Rama Sharma, HoD said that the department has given voice to the students through campus 'Radio Awaaz' to learn the art of Radio Jockeying and script writing.

February 15



The Wrestling Team of HMV Collegiate Sr. Sec. School won the School District Wrestling Championship and many other prizes at state and national level.

Research Corner

Dr Ekta Khosla, Dept of Chemistry, in collaboration with Priya and Anmol, presented a paper titled 'Synthesis of SNP Using Indian Mythological plants' in 21st Punjab Science Congress held at PAU, Ludhiana on Feb 7-9, 2018.

Mrs Gagandeep, Dept of Mathematics, presented a paper titled 'Recurrence Relations and Dynamical Study of an Iterative Method' in National Conference on Recent Trends and Innovations in Pure and Applied Mathematics at DAV College, Jalandhar on Feb 23, 2018.

February 16

Priksha Par Charcha with PM

Hans Raj Mahila Maha Vidyalaya set up a TV screen to facilitate the students for live watching of Prime Minister Narendra Modi's address on Exam Stress named 'Priksha Par Charcha Pradhan Mantri Modi Ke Sath'. Around 300 students watched the live streaming and listened to PM Modi's motivational talk.



February 17

Alma Mater Calls

Alumna Major Archana visited HMV. Presently serving in Military Nursing Services, Major Archana motivated the students to join Indian Army as Officers to serve the nation. Principal Prof. Dr (Mrs) Ajay Sareen honoured Major Archana with a planter.



Winners of Kshitiz 2018

The students of the college participated in Kshitiz 2018 organized by GNA University, Phagwara. The students added one more credit to their oeuvre by winning huge appreciation and prizes. They received overall trophy, individual trophies and certificates along with cash prizes.

February 18



Nimisha, Riya and Dilpreet of our college got placement in INFOSYS.

Our Repertoire of Knowledge and Skill

Mrs Meenakshi Sayal, Coordinator HMV Collegiate Sr Sec. School, was the guest of honour in 'Children Science Congress' under the aegis of Punjab Science Academy at PAU, Ludhiana on Feb 8, 2018.

Mr Jatinder Thorat, Dept of Fine Arts, received Maharashtra State Award for his painting from Prafulla Dahanukar Art foundation on Feb 16, 2018.

Mrs Meenakshi Sayal, Coordinator HMV Collegiate Sr Sec. School, acted as resource person at Dayanand Ayurvedic College, Jalandhar and conducted workshop on 'Promotion of Teachers under Career Advancement of Faculty' on Feb 16, 2018.

Mrs Mukti Arora, Dept of Cosmetology, was selected as subject expert for the inspection of UG Diploma in Cosmetology in Hindu Kanya College, Kapurthala on Feb 23, 2018.

Mrs. Cheena Gupta, Dept of Fashion Designing, was appointed as subject expert to inspect 'Fashion Designing and Garment Construction' at APJ College of Fine Arts, Jalandhar on Feb 26, 2018.

February 19

CHAMPIONS 2018



Sports Department of the college organized Annual Sports Meet 'Champions 2018'. Dean Sports, Mrs Sudarshan Kang read the report of the department. The Chief Guest, Commissioner of Police Jalandhar, IPS Praveen Sinha hoisted the flag and declared the meet open. The students of Sports department did the march past and players took the pledge of playing the game in a fair way. Various Sports competitions of students, teaching, and non-teaching staff were held which included Tug of War, 100 Mtrs Race, Lemon Race, and Sack Race.

The Chief Guest of Valedictory ceremony was Commissioner Jalandhar Division, IAS Raj Kamal Chaudhari, Secretary DAVCMC Sh. Bal Kishan Mittal and Mrs Asha Mittal. Winner of National Rhythmic Gymnastics, Ms Sadhna presented Ribbon Show. All the coaches of Sports department were also honoured during the sports meet.



February 20

Fazal 2018

HMV Collegiate Sr. Sec. School organized Farewell Function 'Fazal 2018', a get together for SSC-I and SSC-II students. The function began with a lamp lighting ceremony by the Chief Guest, Principal Prof. Dr (Mrs) Ajay Sareen and the recital of DAV Gaan. The students presented a very entertaining cultural programme in honour of the outgoing students in the form of skit, modelling, acting and choreography.



Deepthi, Raunika, Nitika, Bhavya, Sajal, and Shubhdeep were entitled as Ms HMV farewell, Ms HMV Collegiate First runner up, Ms HMV Collegiate Second runner up, Ms Ethnic, Ms Beautiful Smile, and Ms Special Appreciation respectively. A valedictory message was presented by Ms Nikita, the Head Girl of the school. Traditional Vidya Jyoti was handed over to the juniors as a mark of responsibility that they are to shoulder in their absence. The honourable Chief Guest, Principal Prof. Dr (Mrs) Ajay Sareen showered her blessings on the students.



February 21

Physics Department organized educational tour to Indian Institute of Science Education & Research (IISER), Mohali for B. Sc. Sem-VI students.

February 22

International Mother Language Day Celebrated



In association with Punjab Jagriti Manch, Hans Raj Mahila Maha Vidyalaya celebrated 'International Mother Language Day' by organizing an awareness rally. This rally is organized every year to make the people aware of the importance of Punjabi language.

R. V. Chemical Society of Chemistry Department organized an excursion tour to Chandigarh for the science students. The students visited various places of interest and observed the planned approach of the administration towards the city. They also visited the second largest and eleventh longest shopping mall in North India, Elante Mall.

February 23

The PG department of Commerce and Management organized a 'Power Point Presentation Competition' for the students of B. Com, BBA, and B. Voc. The different topics like GST, marketing strategies of a product, case study of a company, leadership and women entrepreneurs were allotted to the students.

February 24

Our Institution : Pioneer in Innovations

Hans Raj Mahila Maha Vidyalaya is a pioneer institution in innovation. Under the innovative practices, the college has installed incinerators and vending machines in the campus 8 months before the release of the movie Pad Man. It is a device which destroys the waste electronically and converts it into ash. This ash is further used in garden.

Awareness Campaign on Women Health



An awareness campaign on 'Women Health and Hygiene' was organized at Hans Raj Mahila Maha Vidyalaya. Ms Vandana Patyal, Campaign Manager of P & G company, gave an informative lecture about female health. She discussed about proper methods of sanitation and personal hygiene. She also answered the queries of students and satisfied their curiosity about many health issues.

The Fragrant Month of February

One-day trip to War Memorial, Kartarpur arranged for the students of BD and BFA for outdoor study.

February 26



Our students participated in the competitions organized by Punjabi Sahitya Academy, Ludhiana on the occasion of International Mother Language Day. Gurkanwal, Nishi, Navdeep, Ramandeep, and Gurpreet participated in Folk Song, Poetry Writing, Story Writing, Quiz, Idioms Competition, Poster Making and Poem Recitation Competition and won laurels for the college.

February 25

Seminar on 'Sexual Harassment of Women at Workplace'



HMV Collegiate Sr.Sec. School organized a one-day seminar on 'Sexual Harassment of Women at Workplace' in association with the Department of Social Security Women and Child Development, Punjab to promote government scheme 'Beti Bachao Beti Padhao'. Mrs Sangeeta Bhatia, Counsellor MGN Public School; Mrs Neelam Gupta, Retd Manager Bank of Baroda; Mrs Shashi Kataria, Retd. Judge; S. Amarjeet Singh Bhullar, District Programme Officer; Mr Surjeet Singh, Local Programme Officer were the resource persons of the event. Participants from various institutions were shown power point presentation on gender, sex and sexual harassment.

February 27

HMV participated in mega event of making an attempt for Guinness Book of World Record



Thousands of students participated in 'Helmet Pehniye, Surakshit Chaliye' campaign.



DGP of Punjab, Sh. Suresh Arora sending off the students by showing them green flag.

February 28

Department of Fine Arts of Hans Raj Mahila Maha Vidyalaya organized a two-day Educational Tour to New Delhi. Students visited India Art Fair, Garhi Studio, India Gate, National Gallery of Modern Art, and Lalit Kala Academy.

Our Repertoire of Knowledge and Skill

Mrs Bindu Kohli, Dept of Cosmetology, performed as expert on the topic 'Skin Care in Changing Season' in Doordarshan programme 'Ghar Parivar' telecast on Feb 28, 2018.

The Magnificent Month
of

MARCH

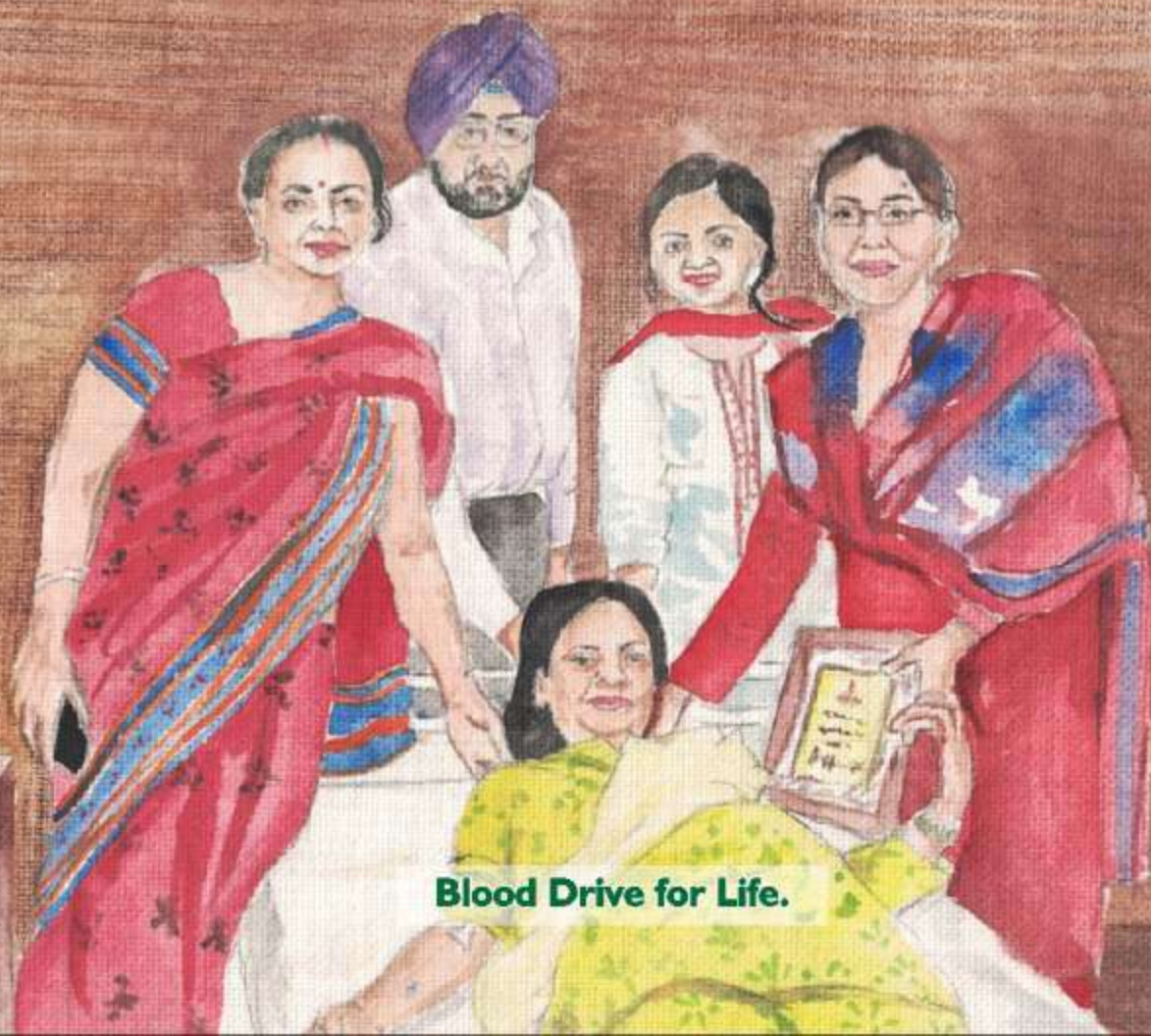


BLOOD DONATION

BY RED RIBBON CLUB



HANS RAJ MAHILA MAHA VIDYALAYA
JALANDHAR [PUNJAB] INDIA



Blood Drive for Life.

March 1

Blessings before Exams

The Best Wishes Cards were distributed to the students of SSC-I and SSC-II of HMV Collegiate Sr. Sec. School as well as to the outside candidates having centre at HMV campus wishing their success in the annual examinations.



March 2



The students of PG department of Computer Science and IT won 1st runners up trophy in Plasma 2018 in inter college competition organized at Lyallpur Khalsa College, Jalandhar.

March 3

The students of Physics Department achieved state topper rank in 'National Graduate Physics Examination' conducted by Chandrayaan VIPNET Club of the Department of Physics in collaboration with Indian Association of Physics Teachers.



March 4

NCC Army Wing Senior U/o Mandeep Kaur, a student of our college, participated in Prime Minister's Rally of Republic Day at New Delhi and brought laurels for the college. Mandeep Kaur also participated in NIC Camp at New Delhi. She participated in Bhangra competition and won Gold medal. Principal Prof. Dr (Mrs) Ajay Sareen congratulated and honoured her for this achievement.

March 6

The Computer Club of PG Department of C.Sc. and IT organized a seminar on PHP/WordPress for the students of BCA/B.Sc. (IT) Sem-VI. The resource persons from Walkwel Technologies, Mohali interacted with the students on how to develop a website using PHP/WordPress.



March 5

20th SOF Science Olympiad



Students of HMV Collegiate Sr. Sec. School won medals in 20th SOF International Science Olympiad, a platform to the students for their mental growth and international exposure.

March 7

National Science Day celebrated

CV Raman Science Society of the college celebrated National Science Day. The programme started with the lighting of lamp followed by DAV Gaan. On this occasion, Panel Discussion was held on the topic 'Role of Science and Technology for Better India'. The experts were Dr Sachin Tyagi, Scientist, CSIO, Chandigarh; Dr Manpreet Singh Bhatti, HOD Botany and Environmental Sciences, GNDU Amritsar; and Prof. Dr Anish Dua, Dept of Zoology, GNDU Amritsar. More than 200 students of UG classes interacted with the experts and made discussion on sustainable development under the sub theme 'Clean energy and clean environment'. They deliberated on Hyper loop concept, Nuclear energy, Bioremediation and degradation of sanitary napkin. The experts suggested to use renewable energy sources. Use of biofuels should be promoted to save mother earth. Use of plastic water bottles should be minimized.



March 8

International Women's Day Celebrated

The Adult Education Society and Women Empowerment Cell organized events on the occasion of International Women's Day. Adult Education Society organized a session on Art of Living. Resource person Mrs Archana and her team gave the tips on art of living. Women Empowerment Cell of the college also celebrated International Women's Day by organizing Panel Discussion. Panelists were Dean Youth Welfare Mrs Navroop Kaur, HOD Psychology Dr Ashmeen Kaur, HOD Pol. Sc. Mrs Nita Malik and In-charge Women Empowerment Cell Ms. Bharti. The students presented their views on various topics such as feminism, wage inequality and women empowerment. They also took pledge for a healthy, egalitarian, and emancipated society.

March 10



The PG Department of Commerce and Management organized a Group Discussion Competition for the students of second and third year classes of graduation with the objective to develop interpersonal skills in students. The topics for discussion were from various spheres like social, economic and political. These were 'Will GST propel business and economic growth?', 'Start-ups Is the idea as successful as envisaged?', 'Is India truly going digital?'.

Research Corner

Mrs Savita Mahendru, Dept of Commerce, presented a paper titled 'From Pranam Guru to Hi! Changing Relationship between the Teacher and the Taught' in ICSSR sponsored two-day National Seminar on Higher Education in India at RSD College, Ferozepur on March 9-10, 2018.

March 9



The Computer Club of PG Department of C. Sc. and IT organized an educational/industrial tour to IT company Walkwel Technologies, situated at IT Park, Quark City, Mohali to bridge the gap between industry and the institution. The representatives of the company acquainted the students with the process of software development, digital marketing and tips to crack interviews.



College Representation in 'Pehchan Yatra'

Pehchan Yatra, an event to encourage the leadership and excellence initiative among women, was organized by joint initiative of Confederation of Indian Industry, Indian Women Network, and Indian School of Business, Mohali. Two students, Ridhi of B. Com Sem-VI and Vidhita Beri of BBA Sem-VI, got selected amongst the top 25 girls selected all over India. They represented not only the college but also the whole Jalandhar District.

March 11



Ms Bandana, a student of B.A. Sem-VI, won First prize in National Gazal Gayan Competition organized by All India Radio at Lucknow.

March 13



The six students, Muskaan, Manisha, Vandana, Kirti, Komal Arora and Komal Saini, of PG Department of Commerce and Management cleared their CA IPCC Group I and II exam. Principal Prof. Dr (Mrs) Ajay Sareen congratulated the students and prayed for their bright future.

Flower Exhibition cum Seminar at GNDU

PG department of Botany participated in spring season festival of flowers and plants cum seminar organized by GNDU Amritsar. The resource person was renowned flori-culturist of Punjab Mr Avtar Singh. After seminar, the students visited flower exhibition and botanical garden of the university. They enjoyed the beauty of different flowers like Asters, Petunia, Geranium, Aglonema, Asparagus, Ferns, Palms, and Succulents, etc.

March 12



Prof. Dr (Mrs) Ajay Sareen awarded International Mahila Shakti Shiromani Award

Principal Prof. Dr (Mrs) Ajay Sareen was awarded International Mahila Shakti Shiromani Award by International Samrasta Manch. This award was presented to her by former Governor of Delhi Sh. Tejendra Khanna at New Delhi on International Women's Day function organized by Indo-Nepal Samrasta Rubru Programme.

President DAV CMC New Delhi Padmashri Dr Punam Suri congratulated her for this achievement. In addition, Dr Sareen also received Women Achiever Award from Akhil Bhartiya Human Rights Welfare Association Jalandhar on women empowerment.

Our Repertoire of Knowledge and Skill

Mr Harpreet Singh, Dept of Bioinformatics, acted as a key speaker during National Conference on 'Recent Advancements in Science and Technology' organized by DAV College, Chandigarh on March 12-13, 2018.

Dr Ashmeen Kaur, Dept of Psychology, acted as an expert in live radio talk on 'Stress and Aggression in Youth' on March 17, 2018.

Mr Harpreet Singh, Dept of Bioinformatics, presented poster during the 'International Meet on Frontiers in Life Sciences' organized by Dept of Biotechnology and Dept of Molecular Biology and Biochemistry, GNDU, Amritsar on March 22, 2018.

March 14

A workshop on Yoga and Meditation was organized for the resident scholars of Hans Raj Mahila Maha Vidyalaya. The resource persons, Mr Pardeep Solaskar, Mr Manas Jawakhedkar and Mr Mahesh Avhad of Sehaj Yog Sansthan from Maharashtra apprised the audience of stress level and discussed how this stress level can come to zero by practicing Yoga in routine. They also taught the audience yoga exercises to increase concentration level.

March 15



Millet Fest

Home Science Department, in collaboration with Innovation Cell, organized 'Millet Fest' in the campus with the objective to choose healthy food over fast food. The chief guest of the fest was Dr Sushma Chopra, Member Local Committee. Celebrity Chef Mr Rambabu and his team members Shailendra, Ajay and Sreekant from Hyderabad explained the benefits of millets and motivated the youngsters to take only nutritious and healthy diet according to the season and closest to its original form, therefore avoiding processed food. Chef Rambabu and his team members prepared around 15 different dishes and also shared the recipes. The students and faculty members enjoyed the scrumptious food prepared from millets.

March 16

Hans Raj Mahila Maha Vidyalaya offered various types of fee concessions to its students. Under HMV Brilliance Award Scheme, total amount of Rs.13,54,040/- was given as scholarship to 180 students. Principal Prof. Dr (Mrs) Ajay Sareen distributed scholarship amount to the students.



March 17



π (Pi) Day Celebrated

The PG Department of Mathematics celebrated π (Pi) day in the college premises. On this occasion, inter class competitions of 'Poster Presentation on Application of Mathematics in two Dimensional Plane' and 'Mathematical Jewellery' were held. Students made two dimensional posters on application of Mathematics in nature, robotic, fashion designing, aircraft, music, etc. The mathematical jewellery was made using basic concept of maths, logic and shapes. Two mathematical games 'Word on repeat' and 'Whose word am I?' were also played. Winners were given away prizes.

March 17



Trade Fair Visit

Students of BBA Sem-VI of Dept of Commerce and Management visited trade fair held at Desh Bhagat Yadgar Hall, Jalandhar in collaboration with PHD Chamber of Commerce and Industry.

The Cosmetology Department organized one-day workshop on Hair Coloring (Basic to advance) with theoretical and practical demonstration. Mr Rahul, hair colouring expert from Matrix, was the resource person.

March 18

Students of B.Sc. II and B.Sc. III (Med.) along with the faculty members of Department of Zoology visited Chhatbir Zoological Park for an educational tour. The highlights of the visit were Lion Safari, Deer Safari, Nocturnal House, Reptile House and various other land animals including White Tiger, Baboon, Blackbuck and Striped Hyena, etc. along with rare and endangered species of animals and migratory birds.

Research Corner

Ms Shallu Batra, Dept of Economics, presented a paper on 'Relationship between Financial Development and Economic Growth in India' in UGC sponsored one-day National Seminar on Recent Trends and Challenges in Strategic Financial Management on March 17, 2018.

March 19

Educational Trip to Chhatbir Zoo



Dept of Biotechnology organized an industrial visit of the students of B.Sc. (Biotech), Sem-VI to Verka Milk Plant, Jalandhar where the students learned about milk processing from raw milk stage to packed form and various quality control tests such as milk fat, SNF, standard plate count, yeast and mold count, etc.

March 20

World Sparrow Day Celebrated

Innovation Cell celebrated 'World Sparrow Day'. Principal Prof. Dr (Mrs) Ajay Sareen expressed her concern over fast vanishing house sparrows and the need of the hour is to take immediate and effective steps to safeguard the life of birds. She also motivated the students to put water and grain for sparrows on the roof tops and outside houses. Students of Innovation Cell prepared sparrow splashes to be placed in the campus. Bird houses for sparrows were also prepared.



March 22

Blood drive for life Blood Donation Camp organized at HMV

The Youth Red Cross Society, Red Ribbon Club and NSS Unit of HMV organized a Blood Donation Camp in collaboration with PAHAL. The In-charge of blood bank team of Shaheed Babu Labh Singh Civil Hospital Dr Gagandeep Singh, with his team members, supervised the camp. The members of teaching and non-teaching staff donated blood. In the blood donation camp, Department of District Youth Services also extended its cooperation.



March 23

Homage paid to Shaheed Bhagat Singh

The Student Council, in collaboration with Multimedia Club, organized a Poetical Recitation and Digital Poster Making Competition to pay homage to Shaheed Bhagat Singh. Principal Prof. Dr (Mrs) Ajay Sareen welcomed Sh. Arvind Ghai, Secretary, DAVCMC and presented him a mug painted with the image of the great martyr. The members of Student Council distributed badges of Bhagat Singh to the teachers and students. Sh. Arvind Ghai and Dr Ajay Sareen lighted candles in the memory of Shaheed Bhagat Singh and enjoyed the song 'Mera Rang De Basanti Chola' recited by the students of Music Department. The winners of e-poster making and poetical symposium were given prizes.



March 24

An Insight to Fashion & Art



P G Dept of Fashion Designing organized a three-day UGC sponsored Workshop-cum-FDP on 'An Insight to Fashion & Art'. The Chief Guest of inaugural session Dr Rita Kant from University Institute of Fashion Technology, PU Chandigarh shared her views on the topic 'An insight to zero and

waste in Fashion'. She encouraged the students to go for green fashion and to recycle old worn-out garments to create new. She also motivated students to design conceptual dresses using used material like tyres, plastics, etc. In the next session, a workshop on jewellery making by Mrs Gulshan Nisha and a workshop on Embroidery techniques using khaddi work by Mohammed Tehseen Qamar was also organized. On the second day of the workshop, Mr Bhupinder Kumar, a professional artist, conducted a workshop on paper craft.

He demonstrated various techniques of flower making, DIY and home décor items. On the third day of the Faculty Development Programme, the resource person Dr Poonam Aggarwal from NIIFT, Mohali, spoke on the topic 'Career prospects in fashion world'. During the workshop, the students of the Fashion Designing Department also organized a fashion exhibition in which they displayed their creative dresses and other accessories. More than 200 participants from R.R. Bawa DAV College for Girls, Batala; Kamla Nehru College, Phagwara; A.S. College for Women, Khanna; SGGGS Khalsa College, Mahilpur; S.N. College Banga; and HMV attended the workshop.

March 25

Youth Welfare Department organized a motivational lecture on 'Perceptions of Past and Future A Reality Check to Promote Motivation'. The resource person, Mrs Dalbir Kaur Virk, UK based psychologist, counsellor and poetess, expatiated on the value of time and human attitude towards life.

The students of Mathematics Department won overall trophy at Lyallpur Khalsa College in inter-college competition during the celebration of National Mathematics Day.

The students of Hans Raj Mahila Maha Vidyalaya participated in 'Symphonic 2018' organized by KCL IMT and won prizes in various events.

The students of PG department of Commerce and Management participated in 'FESTO COMM 2K18' organized by DAV college, Jalandhar. The college won 2nd runners up trophy

March 26

Undergraduate students Priya and Anmol Sharma completed a research project 'Synthesis of Silver Nanoparticles Using Mythologically Important Plant Leaves' under the guidance of Dr Ekta Khosla. The research outcome was presented at National Symposium in Chemistry in Guru Nanak Dev University, Amritsar and got best paper award.

Our Repertoire of Knowledge and Skill

Mrs Binoo Gupta, Dr Seema Khanna, Mrs Savita Mahendru, Dept of Commerce; and Ms Harmanu Paul, Dept of Economics, attended one-day National Workshop on Intellectual Property Laws: Know Your Rights organized by PG Dept of Commerce and Management, HMV, Jalandhar in association with Jalandhar Chapter of NIRC of ICSI on March 24, 2018.

Dr Ashmoon Kaur, Dept of Psychology, acted as an expert in live show on the topic 'Mental Stress in Females' in the programme Nari Manch on March 26, 2018.

Dr Ekta Khosla, Dept of Chemistry, was selected as mentor of Change for ATAL-TINKERING LABS by Niti Aayog, Govt of India in March 2018.

Mr Harpreet Singh, Dept of Bioinformatics, acted as a convener of the DBT Sponsored two-day workshop on 'Machine Learning Algorithms for Biological Data Analysis' at HMV, Jalandhar from March 31 to April 1, 2018.

March 26

'Kaun Banega Commerce Intellect'

PG department of Commerce and Management organized an inter class competition 'Kaun Banega Commerce Intellect'.

Monthly 'Manthan' at HMV

Innovation Cell and Placement Cell of HMV organized a session on 'Sexual Harassment at Workplace: Problems and Solutions'. The event was organized as the maiden interactive session under the innovative practice of monthly mind churning interactive sessions called 'Manthan'. The resource person, Mrs Anita Punj, Director PAP, Phillaur, eloquently discussed about the laws to curb the menace of sexual harassment at work place. She engaged the students in role play using real life scenario to raise awareness of sexual harassment.

The students opened up their minds and discussed in detail their problems. They were in high spirits after the session and gave a very positive feedback about the resource person, Mrs Anita Punj. The tagline of the event 'Manthan' was 'Bol, ke lab azaad hai tere Bol, ki zabaan ab tak teri hai'.

Research Corner

Dr Ekta Khosla, Dept of Chemistry, in collaboration with Priya and Anmol, presented a paper titled 'Synthesis of Silver Nanoparticles Using Green Reducing Agent' at 7th National Symposium in Chemistry at GNDU, Amritsar on March 26-27, 2018.

March 27



'Ghalib Ka Hindustan' at HMV

The Innovative Cell organized 'Ghalib Ka Hindustan', an Evening of celebration of Ghalib through music, documentary and exhibition of manuscript in collaboration with Beenu Rajput Films and supported by Ghalib Institute of India, New Delhi. Mr Khobaib Ahmad from Ghalib Institute of India talked about Ghazal, its importance and shayari of Ghalib. Principal Prof. Dr (Mrs) Ajay Sareen said that Mughal Period had given us three beautiful things □ Urdu language, Taj, and Galib. Mrs Ramnita Saini Sharda, Dean Innovation Cell, said that poetry tells us how art surpasses all the barriers of communities and teaches us universality of human experience. She also said it was their humble attempt to bring Ghalib in the city of Sudarshan Fakir. The unique feature of the programme was exhibition of

manuscripts of Ghalib by Ghalib Institute of India, New Delhi. On this occasion, a documentary by Beenu Rajput Films 'Banaras: Ka'ba-e-Hindustan' was also screened. The students of Music Vocal department of the college presented Ghazals of Ghalib. 'HMV Cinephiles Club' was also launched there. The poster of Punjabi Documentary 'Sohna Punjab' was also released.

On this occasion, Commissioner of Police Sh. P.K. Sinha, Sh. Arvind Ghai, Secretary DAVCMC, Sh. Kundan Lal Aggarwal, member LMC, Sh. S.N. Mayor, Sh. Irwin Khanna, Dr Sushma Chawla, Dr Pawan Gupta, Sh. Ashok Sareen, Principal Anoop Vats, Mrs Rashmi Ghai, Director Doordarshan Kendra Mrs Indu Verma, Mrs Vani Vij, Mr Deepak Bali, eminent writer Mr Rahul Saini were present among others.



March 28

HMV Collegiate students topped in SSC I Board Examinations

The result of SSC-I Annual Board Exams for the session 2017-18 was declared at HMV Collegiate Sr. School. Shivani Rawat (Commerce), Monika (Arts), Jaskeen (Non-Medical) and Mehak (Medical) secured top positions in various streams. Principal Prof. Dr (Mrs) Ajay Sareen and School Coordinator Mrs Meenakshi Syal congratulated the students and encouraged them to perform better in future.



March 29

'NIGHT SKY WATCH' AT HMV



The Chandrayaan VIPNET Club of Physics Department organized 'Night Sky Watch', an innovative event for B.Sc. students from 7.00 p.m. to 9.00 p.m. at Hans Raj Mahila Maha Vidyalaya. More than 50 students participated in this innovative event. The resource person Mr Akashdeep Singh, Incharge of Night Sky Watch from Pushpa Gujaral Science City gave a power point presentation on Astronomy to acquaint the students with composition of the Sun and Planets of our Solar System in Milky Way galaxy. After the Power Point Presentation Mr Akashdeep Singh set high power telescope in the lawn area of the college campus. The telescope had 80 times more magnification power as compared to human eye. Students and faculty member of Physics viewed different constellations, such as Orion, with the help of highly magnified telescope. They also viewed the surface of earth's natural satellite moon with it.

Science Department organized an educational excursion of undergraduate science students to Pushpa Gujaral Science City.

March 31

The students of PG Department of Mathematics participated in a state level Math Fest organized by PG department of Mathematics, Doaba College, Jalandhar. The team won overall trophy.

The Affable Month
of



HANS RAJ MAHILA MAHA VIDYALAYA JALANDHAR
A-Grade College Ex College Flagship College

APRIL

FOUNDATION DAY CELEBRATIONS



LITERARY FEST

ORGANIZED BY PG DEPARTMENT OF ENGLISH



Literature: Immortality of Speech.

April 1

Winners of 'ADAVITYA 2K18'

Our students bagged first position in national level festival 'ADAVITYA 2K18' organized by the KALAKAARZ Club of DAVIET. The theatrical team of our college presented the Skit and Mimicry. The Skit team consisting of Amisha, Surbhi Jain, Twinkle, Surbhi Tandon, Rumi, and Bhawna bagged first position. The Mimicry presented by Ms Amisha also secured first position. Both the items were greatly applauded by the audience.

April 2

Industrial Visit

The PG department of Commerce and Management organized one-day educational cum industrial visit to a manufacturing unit 'Madame' in Ludhiana. Around 50 students of B. Com. Sem-VI and BBA Sem-VI visited the unit. All the departmental heads and supervisors of the unit briefed the students about the working of their respective sections. Students felt highly enriched after visiting the industry.

April 3

**New Computer
Lab and Faculty
Resource Centre
inaugurated at HMV**

Newly built Computer Lab and Faculty Resource Centre were inaugurated by Sh. R.S. Sharma Ji, General Secretary, DAV College Managing Committee. On this occasion, Sh. R.S. Sharma Ji appreciated the efforts of the college for promoting research and motivated the faculty members and students for research work.



April 4

The students of Hans Raj Mahila Maha Vidyalaya participated in Rashtra Raksha Yagya at Lal Quila Maidan, New Delhi organized by Shri Yogini Peetham and Confederation of Education Excellence (CEE). 551 learned Brahmins from various corners of the country conducted the Mahayagya in 108 Kunds during which 2.5 crores mantras were chanted to energize the entire nation with its positive aura. Eight oaths were taken. These included protecting the respect of women, environment conservation, cleanliness, casting the vote, freedom from corruption, protecting the constitution, protection of national assets, destruction of terrorism, casteism and communalism. The students were accompanied by Dr Ekta Khosla and Dr Rajiv Kumar.



April 5

The Career Counseling Cell of Hans Raj Mahila Maha Vidyalaya organized a lecture on Government Job Opportunities for final year students. The resource persons, Mr. Omkar Swaroop (Training Head) and Mr. Devraj (centre Head) of Bright Academy, talked about job placements, various entrance tests, competitive exams, curriculum, registration dates, etc. They also focused on concentration, practice, positive and innovative thinking, raising confidence and building social image.

April 6



Seminar on 'Beta Beti Ek Samaan'

NGO Alfa Mahendru Foundation, Jalandhar in association with Hans Raj Mahila Maha Vidyalaya organized a Declamation Contest and Seminar on Beta Beti Ek Samaan 'Save the Girl Child'. DIG PAP Dr S. K. Kalia was the chief guest of the occasion. Dr (Mrs) Kiran Arora, Principal PCM SD College for Women, Mr Amit Kukreja, Joint Secretary Gymkhana Club Jalandhar and Mr Ramesh Mahendru, Chairman, NGO Alfa Mahendru advocated the equal rights for girl child. Principal Prof. Dr (Mrs) Ajay Sareen paid her tribute to Alfa Mahendru Foundation for its commendable work for the betterment of society.

April 7



Foundation Day Celebrated

The 61st Foundation Day of HMV was celebrated with full enthusiasm in its campus. The chief guest of the occasion was Mayor of Jalandhar Sh. Jagdish Raj Raja. Principal Prof. Dr (Mrs) Ajay Sareen welcomed the Chief Guest and informed the audience about the historical background of the institution; she said that day is the 91st birthday of our college as it was established in 1927 at Lahore. On this occasion, Mrs Kuljeet Kaur Athwal, Dean Holistic Development recited a self-composed poem on the glorious journey of HMV. The students of HMV presented choreography through which they depicted the main events organized by the college during the previous year. A comedy show was also presented by the students 'Comedy in my DNAs-Laughing Gas Club'. Langar was also distributed at HMV Chowk by all the staff members of the college. At HMV Chowk, water splashes and millet for birds were also placed. The students of Fine Arts department beautifully decorated HMV Chowk with their art work.

Literary Fest



On the of Foundation Day celebration of HMV, 'Literary Fest' was organized by PG Dept of English. Various competitions were organized in the fest, which were Poetical Recitation, JAM-Just a Minute, Costume Parade, Literature on stage, Literary Quiz and Songs from Literature. The judges were Dr Narinder Kumar from DAVIET; Ms Shina Batla and Mohini, Senior Artist from Yuva Group; Mr Rahul Saini, Best Selling Author; Mrs Mamta, HOD English department; and Dr Nidhi Bal, Dept of Hindi. Coordinator of Literary Fest and In-charge Budding Brontes Society, Dr (Mrs) Ramnita Saini Sharda welcomed them. The Chief Guest of Prize Distribution Ceremony, IAS Sh. Varinder Kumar Sharma, Deputy Commissioner, Jalandhar congratulated HMV on its foundation day. In Costume Parade, Doaba College won first prize. In Melodies from Literature competition, Doaba College won first prize and KMV won second prize. In Literature on stage competition, Doaba College won first prize and DAV University got second prize.

In Poetry competition, Kajal from Pandit Mohan Lal SD College for Women, Gurdaspur won first prize, Anmolpreet from DAV College won second prize and Gursimran from GNDU College won third prize. In JAM competition, Priya from KMV won first prize, Anmolpreet from DAV College won second prize and Arman from DAVIET won third prize. In Quiz competition, KMV got first, Doaba College got second and DAV University got third prize. Overall Trophy was won by Doaba College.



Research Corner

Mrs Gagandeep, Dept of Mathematics, presented a paper titled 'Convergence Analysis of a Fourth-order Iterative Method in Banach Spaces Using Recurrence Relations and its Dynamics' in South African Numerical and Applied Mathematics Symposium-2018 held at Stellenbosch University, Cape Town, South Africa on April 4-6, 2018.

April 9



National Seminar on Contemporary Punjabi Literature

PG Department of Punjabi in collaboration with Punjab Sahit Academy, Chandigarh organized a national seminar on 'Contemporary Punjabi Literature: Dialogues and Sensitivity'. Renowned Punjabi writers, researchers and experts participated in the seminar and discussed upon the present status of Punjabi Literature and suggested the ways for its bright future. The chief guests of the event were Sh. Satnam Singh Manak, Executive Editor, Rozana Ajit; Dr Sarabjit Kaur Johal, President Punjab Sahit Academy, Chandigarh; Dr Kewal Dhaliwal, President, Punjab Sangeet Natak Academy, Chandigarh; Mr Balwant Bhatia, Associate Member, Punjab Sahit Academy; and Mrs Nirmal Singh, Ex. Head Punjabi Dept of HMV. Dr Satish Kumar Sharma, Director Colleges, DAV CMC, was the special guest of the occasion. National Seminar consisted of three sessions i.e. poetry analysis, story analysis and novel analysis with their respective panel discussions. Renowned poets S. Manmohan Singh, Jaswant Deed and Satish Gulati participated in the poetry session, while Dr Yograj played the role of critic. In story session Des Raj Kali, Mukhtar Gill and Dr Sarghi were the participants and Dr Guriqbal Singh was the critic of the session. Baldev Singh Sadaknama, Balvir Parwana and Surinder Neer took part in novel session while Dr Rajneesh Bahadur Singh played the role of critic.

April 10

Motivational Lecture at HMV

The Adult Education Society and Legal Literacy Society of Hans Raj Mahila Maha Vidyalaya organized a Motivational Lecture on the topic 'Importance of Education'. The speakers of the lecture were Mrs Purnima Beri, MD Leader Valves Pvt Ltd and Founder Member of Sanjeevani; and Sh. Lekhraj Sharma, Advocate Punjab and Haryana High Court. Principal Prof. Dr (Mrs) Ajay Sareen welcomed the guests with planters and paintings made by students of Fine Arts department. Giving examples of great scholars Guru Ramanand and Swami Dayanand, Mrs Purnima Beri said that one must keep on learning new things from life. Advocate Lekh Raj Sharma discussed about legal education which makes one aware of one's rights.

Our Repertoire of Knowledge and Skill

Mrs Mukti Arora, Dept of Cosmetology, was selected as subject expert from GNDU, Amritsar for taking interview to select Assistant Professor in Cosmetology at Hindu Kanya College, Kapurthala on April 7, 2018.



April 11

National Workshop on Intellectual Property Laws

P G Department of Commerce and Management organized one-day National Workshop on 'Intellectual Property Laws: Know Your Rights' in collaboration with Jalandhar Chapter of NIRC of Institutes of Company Secretaries of India (ICSI). Coordinator of the programme Mrs Meenu Kohli formally welcomed the resource persons IP and CS Amit Vinayak, a corporate Lawyer; CS Dr Vanita Khanna, CS Pallavi, CS Manpreet Singh and CS Mohit Saliya. College Principal Prof. Dr (Mrs) Ajay Sareen acknowledged the efforts made by HOD Dr Kanwaldeep and other members of the Dept and welcomed the galaxy of resource persons with planters and mementoes. Giving the keynote address, IP and CS Amit Vinayak, Chairman Jalandhar Chapter of NIRC of ICSI, on the topic 'Practical aspects of IPR Laws', said that trademark, copyrights, patents are the branches of IPR exclusively vested with the inventors. He also gave examples of famous cases like 'Saregama vs YouTube'. In Technical Sessions, CS Dr Vanita Khanna addressed on the topic 'IPR Indian and Global aspects'. CS Pallavi expounded trademarks to be the outcome of competitive practices creating the image of products in the mind of public. CS Manpreet Singh threw light on the registration procedure of IPRs by performing some online steps.



April 12



Students of HMV Collegiate Sr. Sec. School participated in 12th 'National Biotechnology Olympiad' organized by Eduheal Foundation, New Delhi. Mehak of SSC I Medical bagged 5th position at International level. Earlier she bagged 4th position at National level and first position at state level and got gold medal. Kulwinder Kaur received silver medal by scoring second position at state level. Nitika Arora got bronze medal by scoring third position at state level. All the participants were given certificates. Principal Prof. Dr (Mrs) Ajay Sareen admired the hard work and diligence of the students.

Research Corner

Mrs Ritu Bajaj, Dept of English, presented a paper titled 'From Perception to Commitment: Camus' *Outsider* and Ellison's *Invisible Man*' in the National Seminar on the Treatment of Gender, Race and Class organized at Hans Raj Mahila Maha Vidyalyaya, Jalandhar on April 8, 2018.

Our Repertoire of Knowledge and Skill

Mrs Navroop, Dept of Punjabi, was honoured by Punjabi Sahit Academy, Chandigarh at National Seminar on 'Samkali Punjabi Sahit: Sanvaad ate Sanvedansheelta' held on April 9, 2018.

Ms Harmanu Paul, Dept of Economics, attended one-day workshop on 'Basic First Aid/ Fire Safety/ Road Safety and Health Awareness' organized by State Bank of Patiala in association with 'First Aid, Health and Safety Awareness Mission' on April 11, 2018.

Mrs Cheena Gupta, Dept of Fashion Designing, was appointed as subject expert to inspect 'B. D. Interiors' at Hindu College, Amritsar on April 13, 2018.

Mrs Navroop, Dept of Punjabi, was honoured by Punjabi Sahit Sabha, California at their 18th Conference for her contribution to Punjabi language, literature and culture.

Mrs Meenu Kohli, Mrs Binoo Gupta, Dr Seema Khanna, Mrs Savita Mahendru, Mrs Yuvika, Dept of Commerce; Mrs Jyotika Minhas and Ms Harmanu Paul, Dept of Economics, attended seven-day Faculty Development Programme on ICT Enabled Teaching in Commerce and Economics organized by PG Dept of Commerce and Management, HMV, Jalandhar from 26th April to 2nd May, 2018.

Mrs Navroop, Dept of Punjabi, acted as resource person in the Scholars' Meet 'Meri Srijan Prikriya' (organized by Punjab Sahit Academy, Chandigarh) at Solan, HP from 28th to 30th April, 2018.

Dr Ekta Khosla, Dept of Chemistry, received an industry-sponsored project on 'Decolorizing and Deodorizing TPO' by economically viable methods. The project was sponsored by R. K. & Company, Jalandhar.

April 13



D.D. Sud Board Room was inaugurated in the administrative block of HMV. Named after Sh. D.D. Sud, a great scholar and DAVian, the board room was inaugurated by Sh. I.K. Sud, (Retd) Vice President, World Bank. The board room was built with the financial assistance provided by Sh. I.K. Sud, the son of Sh. D.D. Sud and brother of Retd Justice Sh. N.K. Sud, Chairman, LMC. Principal Dr (Mrs) Ajay Sareen said that it was a moment of pride for HMV to have a board room in the name of Sh. D.D. Sud. Other members of the Local Committee also graced the occasion.

April 14



Students of Diploma in Counselling bagged top positions in the university exams Harjas Kaur and Ramandeep got first position, Cheshtha got third position. Jyoti and Sukhmeet got fourth and fifth positions respectively. Principal Prof. Dr (Mrs) Ajay Sareen congratulated the students.

April 14



Punarmilan 2018

Hans Raj Mahila Maha Vidyalaya organized Alumnae Meet 'Punarmilan 2018' in its campus. Principal Prof. Dr (Mrs) Ajay Sareen acknowledged the presence of all the alumnae and said that it is an effort to connect all of them with the institution as coming back to alma mater is like home coming. The participants shared their memories associated with the college. A choreography was presented by the students of college showing the achievements, innovation and activities performed in the college. Fun activity - guessing of song with music was played. Special attraction of the event was a lucky draw for the Life members of the HMV Alumnae Association. In the modelling contest, titles were given to the participants. Mrs Navinder Bedi was given the title of Miss Gorgeous, Mrs Sudesh Suri got the title of Miss Graceful, CA Rashmi was titled Miss Ethnic, Mrs Kiranpreet Kaur Dharmi bagged the title of Miss Elegant, Mrs Gulshan was declared Miss Charming, Ms Nancy was adjudged Miss Stylish. Madam Beri was awarded crown for being senior most alumna. Selfie contest was also a piece of attraction and won by Ms Rabhya and Ms Princi.

April 15

National Seminar on the treatment of Gender, Race and Class

The Department of English, in collaboration with Pragati Educational Council, organized one-day National Seminar on 'The Treatment of Gender, Race and Class in English Literature'. Principal Prof. Dr (Mrs) Ajay Sareen graced the occasion as the chief guest. The prestigious Literacy Award instituted by the council was conferred upon Dr Manjit Kaur for her poetic oeuvre in her collection of poetry titled 'Strawberry Sun and other Poems'. Quality research papers were presented by more than 25 scholars hailing from Punjab, Haryana, Jammu and Kashmir and Himachal. Lively interactive discussion was held on works of Dr Neb, Shauna Singh, Mahesh Dattani, Camus, Raja Rao, Vladimir and others. Dr B.K. Sharma, the chairperson appreciated the efforts of the presenters. Mrs Mamta HOD English proposed a vote of thanks.



April 16



A fresh start of session with Havan Yajna at
HMV Collegiate Sr. Sec. School

April 17



International Workshop on Stress, Mental Depression and Suicide Ideation

The Department of Psychology organized an 'International Workshop on Stress, Mental Depression and Suicide Ideation: Casual Factors and Coping Strategies'. The resource person Dr Daya Singh Sandhu, Director of Research, Lindsey Wilson College, Columbia was welcomed by Dr Ashmeen Kaur with planter. Dr Daya Singh Sandhu stated that mental health crisis had been prevailing throughout the world as 1.52 billion people of the world needed serious mental help, which was a very grave issue. He termed depression as frozen anger and suicide actually 'cry for help'. He stressed upon Mental Health Counselling as the need of the hour. He advised the participants to talk to themselves in a very genuine way. He also conducted a practical session of stress relief.

Research Corner

Mrs Meenu Kohli, Dept of Commerce, presented a paper titled 'Industrial Impact of Liberalization' in National Conference on Impact of Liberalization on Employment and Environment organized by KRM DAV College, Nakodar on April 17, 2018.

Mrs Savita Mahendru, Dept of Commerce, presented a paper titled 'MSME: Door to Employment Generation' in National Conference on Impact of Liberalization on Employment and Environment organized by KRM DAV College, Nakodar on April 17, 2018.

Mrs Jyotika Minhas, Dept of Economics, presented a paper titled 'Child Labour in Punjab: It's Determinants and Challenges' in National Conference on Impact of Liberalization on Employment and Environment organized by KRM DAV College, Nakodar on April 17, 2018.

Ms Harmanu Paul, Dept of Economics, presented a paper titled 'Education and Unemployment: An Overview' in National Conference on Impact of Liberalization on Employment and Environment organized by KRM DAV College, Nakodar on April 17, 2018.

Mrs Yuvika, Dept of Commerce, presented a paper titled 'CSR Practices: A Study of Indian Banks' in National Conference on Impact of Liberalization on Employment and Environment organized by KRM DAV College, Nakodar on April 17, 2018.

April 18

The PG Department of Computer Science and IT and Department of Multimedia organized a seminar on 'Big Data Analytics'. The resource person, Dr Parteek Bhatia from Dept of Computer Science and Engineering, Thapar University, Patiala informed the students about the great need of expertise to handle unstructured data. He further explained the scope of NOSQL and Future of NOSQL. He also imparted theoretical and practical knowledge of Big Data to the students.

April 19

Planning Forum, subject society of Department of Economics organized Paper Presentation Competition. Students from different streams made their presentations on three broad topics 'Budget 2018: Truths and Implications', 'Restructuring Agricultural Sector in Punjab' and 'Employment Scenario in India: The Road Ahead'. Prizes and certificates were distributed among the winners.

April 20

The Water Sports players of our college won several medals in 'All India Inter University Canoeing and Kayaking Championship'. Rajeshwari and Shalu represented GNDU in the competition held at Pong Dam, Talwara. Rajeshwari won 1 Gold, 4 Silver and 2 Bronze medals in different events. She had also won 2 Gold medals in Senior National Canoeing Championship held at Bhopal. Shalu won 1 Gold and 1 Silver medal in different events. She had also won 1 silver medal in Senior National Kayaking Championship held at Bhopal. Principal Prof. Dr (Mrs) Ajay Sareen congratulated the team, coach and Head of Physical Education department Mrs Sudershan Kang.

April 21

Department of Fashion Designing organized a workshop on the use of CAD in fashion designing. Mr Ashwani Chaudhary, owner of Dream Zone school of Creative Studies, Delhi was the resource person.

April 22

The Softball players of our college Nutan, Urvashi, and Prakriti represented GNDU, Amritsar in 'All India Inter University Softball Championship' held at GNDU Campus and won Gold Medal. Principal Prof. Dr (Mrs) Ajay Sareen congratulated team members, coach Mr Pavitar Singh and Head of Physical Education department Mrs Sudarshan Kang.

April 26

The Political Science department of the college organized an awareness rally 'Vote Banao, Vote Pao' in the college premises. The chief guest was ADC Jasvir Singh. The students of all streams participated in this rally with full enthusiasm.

The Affable Month of April

April 24

Peace March organized at HMV

The students of HMV held a 'Peace March' under the aegis of 'Beti Bachao, Beti Padhao' campaign of District Administration. Principal Prof. Dr (Mrs) Ajay Sareen welcomed ADC (General) Jasvir Singh with a planter. Career Guidance Counsellor Surjit Lal and Dist Counsellor Ashok Kumar were also present. The Peace March started from HMV campus to HMV Chowk and back to campus. 400 students of the college participated in the Peace March. The students were holding banners of 'Beti Bachao, Beti Padhao' in their hands.

April 25

Role Play on Women Empowerment

The PG department of Commerce and Management organized a 'Role Play' activity on Women Empowerment. The students of B.Com., M.Com. and B. Voc. participated in the activity. The students played the roles of Saina Nehwal, Manal-al-Sharif, Manushi Chhillar, Ben Ben Devi, Shehnaz Hussain, Chanda Kochhar, Neerja Bhanot, Arunima, Dalbir Kaur and Deepa Malik. Winners were given prizes and certificates. Principal Prof. Dr (Mrs) Ajay Sareen and Head of Commerce Department Dr (Mrs) Kanwaldeep Kaur appreciated the efforts of the faculty and students.



April 27

Earth Day celebrated

HMV Collegiate Sr. Sec. School celebrated 'Earth Day' by organizing an event on Electronic Waste and Plastic Waste Management. Mr Y.K. Sud, C. A., Member of Local Committee was chief guest on the occasion. Students of class XI and XII prepared 35 still and working models depicting the scientific phenomena utilizing the e-waste and plastic waste. First prize in working model was given to Bird feeder made by Dhriti and Kamni of SSC II, second prize to vacuum cleaner made by Amanjot and Jaskeen. In still model, first prize was given to tree holder made by Simran and Harshita (SSC II Arts) and second prize was given to earth scenario by Saloni and Kanika of SSC II (Non-Med).

April 28

Workshop on Risk Management

PG department of Commerce and Management organized two-day workshop on 'Risk Management' for the students of B. Voc. (Banking and Financial Services). The resource person Mr Kanwaljit, Investment Trainer, Centre for Investment Education and Learning Mumbai, discussed about Financial Risk Management and Market Risk Management with the students and cleared their doubts.

April 29

Bidding Adieu : Rukhsat 2018



Camouflaging their mixed feelings under the veil of shimmering and glittering looks, the outgoing students of UG and PG classes jubilantly attended the farewell party 'Rukhsat 2018' organized at HMV. Addressing the students, Principal Prof. Dr (Mrs) Ajay Sareen conveyed her best wishes to the students for moving ahead successfully in different fields and ensured support and guidance to them in future as well. The students put up an exuberant cultural programme in honour of the outgoing students. They performed dance and bhangra. Various games were also played to add more fun and laughter to the function. Modelling was the most distinguished event of the day. Different titles were awarded to the students. On the basis of three rounds, different titles were awarded to the students. The traditional 'Vidya Jyoti' was handed over to the juniors as a mark of responsibility that they are to shoulder in their absence.

April 30

Extension Lecture on Investment Planning

The Placement Cell of the college organized various campus placement drives during the current session providing 100% placement assistance to the students of all the classes. More than 80 students got placement during these placement drives.

PG department of Commerce and Management organized an extension lecture on 'Investment Planning: A tool of Financial Independence' for the faculty members. The resource person Mr Kanwaljit, Investment Trainer, Centre of Investment Education and Learning Mumbai, discussed various investment options where one can invest in such as gold, stock, bonds, real estate, etc. He suggested that one should compare returns since inception and the motive of investment should be clear whether it is growth or regular income. One should also consider the impact of inflation on returns of investment. He further added that change in taxation system demands change in investment practices too.

A Meticulous Month
of

MAY



All love begins here.

May 1

The international level Swimming Pool was inaugurated under HMV Swimming Academy.

May 2

A Thin Line Between Life and Death First Aid Training Camp organized for students

Our Repertoire of Knowledge and Skill

Ms Shallu Batra, Dept of Economics, acted as resource person in 'Introduction to SPSS' in Faculty Development Programme on ICT Enabled Teaching in Commerce and Economics on May 1, 2018 at HMV, Jalandhar.



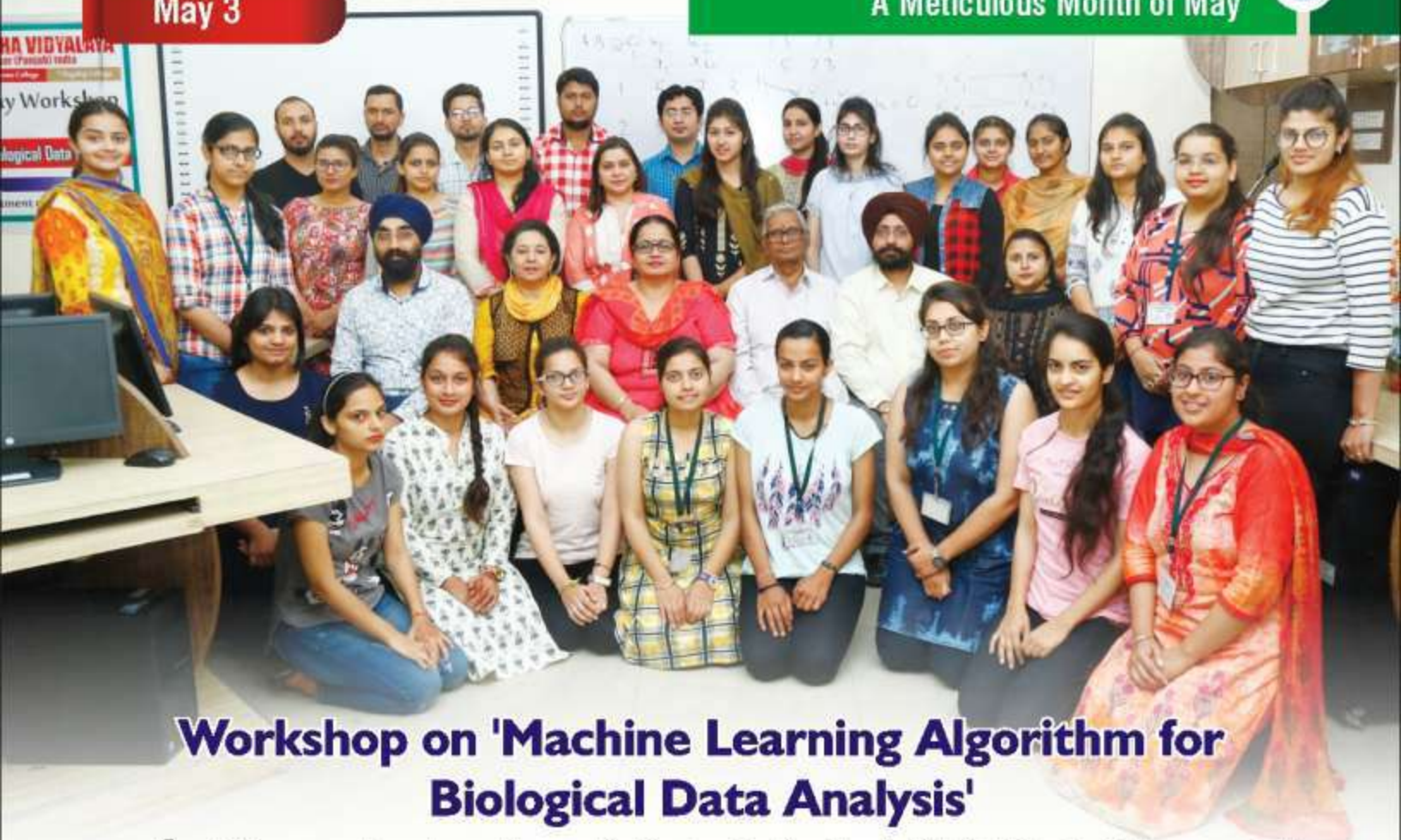
NSS Unit of the college organized a First-Aid Training Camp. During the camp, training was imparted to more than 200 students by Mr Kaka Ram, Former Secretary of the Red Cross Society, Patiala. Mr Kaka Ram acquainted the students with the requirements of first aid. Certificates were awarded to all the participants.

FDP on 'ICT enable Teaching in Commerce and Economics'



P G Department of Commerce and Management organized a one-week National Faculty Development Programme on 'ICT enabled Teaching in Commerce and Economics'. Principal Prof. Dr (Mrs) Ajay Sareen and Dean Academics and HoD Commerce Dr (Mrs) Kanwaldeep Kaur accorded a green welcome to the chief guest and keynote speaker C.A. Y.K. Sud, Member LMC.

The resource persons of the FDP were CA Piyush Bansal; Prof. Gurjeet Kaur, University of Jammu; Mr Prem Ratan Sharma, Associate Chartered Accountant from U.K; CA Puneet Oberoi; CA Ashwani Jindal; CA Sonia Arora; Mr Manjeet and Mr Sankar Sarkar, Master trainers of Tally; Dr Vishal Sareen, Associate Professor LPU; Ms Shallu Batra, Assistant Professor, HMV; and Ms Mandeep Gujral, FCS, Advocate and IP. The participants were apprised of various ICT related to Commerce and Economics GST, e-filing, SPSS and Tally. This FDP was attended by 50 participants of various colleges. Certificates were awarded to all the participants. Principal Prof. Dr (Mrs) Ajay Sareen appreciated the efforts of the department.



Workshop on 'Machine Learning Algorithm for Biological Data Analysis'

A DBT sponsored two-day workshop on 'Machine Learning Algorithm for Biological Data Analysis' was organized by Department of Zoology and PG Department of Bioinformatics. The resource person Dr Jayaraman Valadi, Adjunct Professor at Centre for Modelling and Simulation, Savitribai Phule Pune University, taught about the various machine learning algorithms used for the analysis of biological data. He trained the participants on various software used for statistical analysis of data in various fields. He also gave training of Weka software, which could be used for various purposes by students as well as research scholars in their research work. Mr Harpreet Singh, Convener and Head of the Department of Bioinformatics gave introduction of Bioclues Society (Regd) and its initiatives for popularizing Computational Biology & Bioinformatics in India. About 40 students and faculty members from various institutes like PU Chandigarh, DAV University Jalandhar, GND University, Amritsar and LKC, Jalandhar participated in the workshop.

Campus Placement

Ritu Batra, Dilpreet Kaur, Samta Sahni from B.Sc. IT and Riya from BCA got selected in TCS Company during Campus Placement Drive. The selected students got annual package of Rs. 1.90 lakh and MCA from a reputed institution. There were three rounds of selection process, i.e. eligibility round, technical round (programme writing) and HR round. Principal Prof. Dr (Mrs) Ajay Sareen congratulated the selected students.



May 6

Students of Home Science Department and PG Department of Botany participated in the Flower Show competition organized by Pushpa Gujral Science City. The students of M.Sc. I and M.Sc. II Botany and B.A. II participated in Potted Flower competition and flower arrangement competition respectively. Ms Shanti got third prize in Dry Flower arrangement.

May 7

Eye Check-up Camp

An Eye Check-up Camp was organized by HMV. The initiative was taken by Dr N.K. Gupta, MBBS, FCLi, AMA from AKAL Eye Hospital. Around 80 students got their eye check-up done. Dr N.K. Gupta gave numerous tips to the students regarding eye care. He highlighted the need for an annual eye check-up for everyone.



May 8

Awards Ceremony of Student Council

The Student Council of HMV organized Awards Ceremony for its members. Dean Student Council Mrs Urvashi Mishra and other members of Council extended warm welcome to the chief guest of the occasion Principal Prof. Dr (Mrs) Ajay Sareen. Mrs Mishra said that Student Council of the college comprised of 96 CRs, 129 members of Clubs and Societies, 20 members of Task Force and 18 office bearers. They all work together meticulously organizing all the major functions of the college. Principal Prof. Dr (Mrs) Ajay Sareen appreciated the work done by Student Council for the whole year and awarded certificates to its members.

May 10

Sports Trials for the session 2018-19 were conducted for the games of Athletics, Cross Country, Yoga, Chess, Squash Racket, Wrestling, Judo, Rope Malkhambh, Taekwondo, Gymnastics, Weight Lifting, Power Lifting, Road Cycling, Track Cycling, Basketball, Netball, Korfbal, Football, Kho Kho, Handball, Badminton, Tug of War, Ball Badminton, Baseball, Softball, Rowing, Kayaking, Canoeing, Lawn Tennis, Archery Indian Round, Archery Recurve, Archery Compound, Swimming, Yachting, Pistol Shooting, Rifle Shooting, Boxing, Table Tennis, Wushu, Gatka, Fencing, Kabaddi National Style, Kabaddi Circle Style, Rugby, and Hockey.

May 11

First Runners-up Position in GNDU Overall Sports Championship



The Sports Women of HMV got First Runners Up Position in Guru Nanak Dev University Overall General Sports Championship (A) Division for the session 2017-18. Players of HMV won All India Inter University and National level medals.

In Award ceremony organized at GNDU Amritsar, awards were given by chief guest Sh. Rahul Bhatnagar, IAS, Secretary Sports, Ministry of Youth Affairs and Sports, Govt. of India, New Delhi and Vice Chancellor of the university Dr Jaspal Singh Sandhu. Principal Prof. Dr Mrs Ajay Sareen, who is also President of GNDU Sports Committee (Women), congratulated all the players of the college for this achievement.

May 12

Mother's Day Celebrated at HMV Collegiate School

HMV Collegiate Sr. Sec. School celebrated Mother's Day. On this occasion, the Youth Red Cross Society organized Poetry Writing and Card Making competitions. In these competitions, the students of +1 and +2 participated enthusiastically. In Poetry Writing competition, Geetanjali stood first and Kritika stood second. In Card Making competition, Meenal stood first, Alisha stood second and Simran stood third. Aman and Isha got consolation prize.



May 12



Rukhsat-2018 for Resident Scholars

Farewell Party 'Rukhsat 2018' for the final year resident scholars of HMV was organized in Ragini Auditorium. Mrs Meenakshi Sayal and Mr Lakhwinder Singh, Hostel Superintendent welcomed the chief guest of the occasion Hon'ble Principal Prof. Dr (Mrs) Ajay Sareen. The students performed various dance forms to depict the diverse culture of the country. The students from Himachal presented their dance form 'Nati'. Bhangra performance was mesmerizing. The students presented Hostel life through a skit which was appreciated by everyone. Modelling was the most distinguished event of the day. Different titles were conferred upon the students. Srishti Sethi was crowned as Ms Farewell 2018, Bhavna Sharma was Ms Ravishing, Arshpreet Kaur as Ms Talented, the title of Bets Attire 2018 was given to Inderpreet Kaur and Rumi Pathania was crowned as Ms Adorable 2018. Principal Prof. Dr (Mrs) Ajay Sareen gave her best wishes to the students and promised to guide them on every path of life.

May 14



Financial Help Provided to HMV Students

Students of Fashion Designing were given scholarships under Community College Scheme of UGC. Under the scheme, the students were awarded scholarships of Rs. 6000/- each, after successfully completing their semester exams. Total 18 students of Sem III and 24 students of Sem I were awarded scholarship by Principal Prof. Dr (Mrs) Ajay Sareen.

May 16



Freudian Psychological Society of the college organized an interactive session on the topic Internet Addiction, Social Media and Mental Health. The resource person for the session was Mrs Sangeeta Bhatia, Counsellor MGN Public School, Jalandhar.

May 18

PG department of Commerce and Management organized an educational visit to the regional office of Reserve Bank of India, Chandigarh. The visit was organized for the students of B.Voc. (Banking and Financial Services) and B. Com (Hons).

May 17



Hans Raj Mahila Maha Vidyalaya joined hands with district administration in a unique endeavour to improve the quality of education in government schools of Jalandhar. Sh. Paramveer Singh, IAS, SDM II addressed the NSS volunteers of HMV and apprised them of the initiatives of district administration to help rural and economically backward students to get better education. For this he sought the support of students of HMV who would voluntarily take up teaching in rural government schools to bridge the learning gaps.

May 19

Two-day Music Workshop organized

The Music Department organized two-day Music Workshop in SwarSadhna Hall. The resource person of the workshop was renowned personality in the field of music, Sh. B.S. Narang. In this workshop, around 40 students of Music department participated. Sh. Narang mesmerized the students by presenting one Raag in various forms. In addition to classical music, he also presented various forms of semi-classical music like Bhajan, Geet, Ghazal and Tappe. Principal Prof. Dr (Mrs) Ajay Sareen honoured him.



May 20

A trip of 50 resident scholars to Mathura and Vrindavan was organized under the able guidance and support of Principal Prof. Dr (Mrs) Ajay Sareen. Students had opportunity to know their rich heritage and Hindu mythology. They visited Barsana Shri Radha Rani Temple, Banke Bihari Temple, Radha Vallabh Temple, Krishna Janambhumi, Prem Mandir and Iskcon Temple.

May 21



'Pratibha Khoj-2018'

HMV Collegiate Sr. Sec. School organized Talent Hunt Show 'Pratibha Khoj-2018' to enhance and amplify the talent and skills of young and energetic students. The special guest of the occasion was Mrs Alka, Head of Commerce Department, Govt. Girls Sr. Sec. School, Nehru Garden. Principal Prof. Dr (Mrs) Ajay Sareen and School Coordinator Mrs Meenakshi Sayal welcomed her. In her address, Principal Dr Sareen insisted upon acknowledging the hidden potential of students by providing them various opportunities. Various activities like choreography, declamation, skit, mimicry, folk dance, poetical recitation, rangoli, flower arrangement were held for the students. Kriti got first prize in poetical recitation. In declamation, Kritika got first prize, Aastha got second and Kritagya and Vaishnavi got third prize. In rangoli, Muktaasha and Aman got first prize, Kamy and Sameeksha got second prize and Himani and Ladi got third prize. In fresh flower arrangement, Pranika and Amrita got prize. In Dance, Skit and Choreography, 'Diva Sensation Team' got first prize. In Giddha, F-17 team got first prize and Rajasthani dance got special prize.

May 22

NCC Office Inaugurated

The new office of NCC was inaugurated here today by NCC Group Commander Brig. IMS Parmar. Brig. Parmar gave his best wishes to the students. On this occasion, a software named NCC Office Management System, was also launched by Brig. IMS Parmar. This software was prepared by Ms Dilpreet, a student of B.Sc. (IT) Sem VI. She was awarded with certificate of appreciation. Brig. Parmar also honoured Principal Prof. Dr (Mrs) Ajay Sareen with Group Commander Appreciation Certificate and Trophy.



May 23



Anti Terrorism Day observed

Anti Terrorism Day was observed at HMV. The students pledged to oppose terrorism and to uphold and promote peace and social harmony. They were inspired by the motivating presence of Brig. IMS Parmar, Mrs Tripat Parmar and ADM Officer Captain Viji.

May 24



May 25

Awareness Campaign at HMV Collegiate School



One-day camp of Aadhar Card Mobile Updation Unit was held at HMV. Principal Prof. Dr (Mrs) Ajay Sareen and Office Supdt Mr Amarjit Khanna welcomed Sr Supdt Post Offices Jalandhar Mohd Haneef and his team. In this camp, staff members and students got their Aadhar Card updated or newly built.

HMV Collegiate Sr. Sec. School, in collaboration with Red Cross Society, organized an 'Awareness Campaign on Malaria/Dengue/Vector and Water Borne Diseases'. On this occasion, 'A Dedamation Contest' was organized in which students of SSC I and SSC II participated with full zeal and zest. They expressed their ideas about the signs, symptoms, causes, prevention from such diseases. Kritika of SSC II (Med.) bagged first prize, Vaishnavi of SSC I (Arts) got second, Yasmeen and Neha of SSC II (Comm.) got third prize.

May 26

Health Check-up Camp

One-day Health Check-up Camp for Non-Teaching Staff members was organized by Department of Zoology. The check-up included blood sugar, blood pressure, blood group testing, and weight. About 100 members of the staff got their parameters checked. Dr Aarti Sharma, Medical Officer guided the members of the department in conducting various tests and also answered the queries of the members regarding good dietary habits.



May 27

Olympiad on Moral Values

HMV Collegiate Sr. Sec. School organized 3rd International Sambhav Olympiad in collaboration with 'Satying Darshan Trust'. In this Olympiad, around 150 students of SSC I and SSC II participated. The main objective of this Olympiad was to inculcate the skills of humanity, humility and moral values in students so that they can become good citizens of country and contribute in making a healthy society.

May 28



HMV Collegiate Sr. Sec. School organized 3rd International Sambhav Olympiad in collaboration with 'Satying Darshan Trust'. In this Olympiad, around 150 students of SSC I and SSC II participated. The main objective of this Olympiad was to inculcate the skills of humanity, humility and moral values in students so that they can become good citizens of country and contribute in making a healthy society.

Our Repertoire of Knowledge and Skill

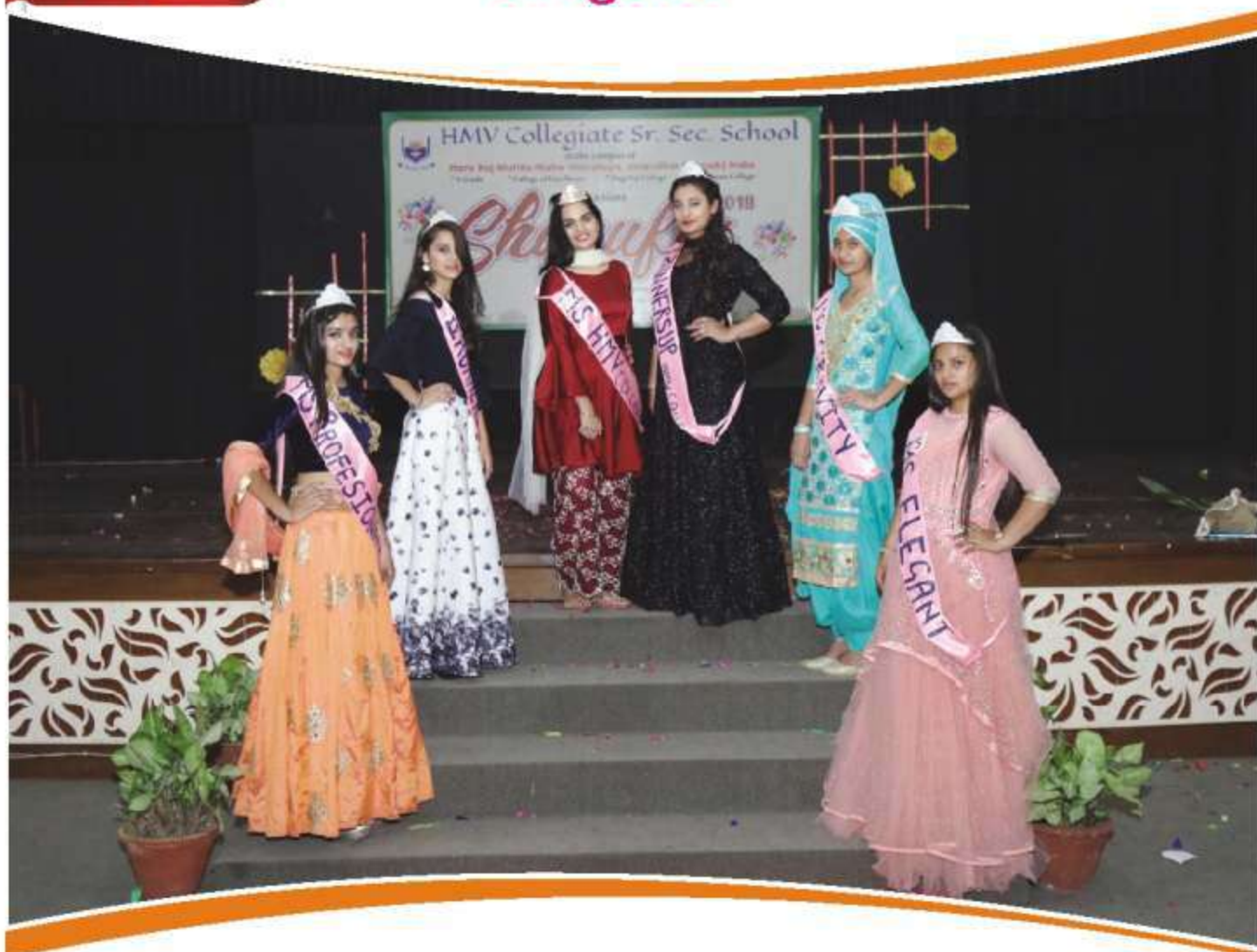
Dr. Seema Khanna, Dept of Commerce and Management, was interviewed as an expert in Career Guidance on FM Radio Rainbow Channel and guided the audience regarding career opportunities after matriculation on May 26, 2018.

Research Corner

Dr Elka Khosla et al published an article 'Green and Efficient Reverse Micellar Extraction and Recovery of Mixed Ionic Dyes from Textile Effluent' in Environmental Chemistry on May 28, 2018.

May 29

Shagufta



A colourful and vibrant event named 'Shagufta' was organized to welcome the new entrants of SSC-I. The event began with the lighting of lamp and DAV Gaan. The vivacious students put up a magnificent show displaying their talent in the form of dance, bhangra, songs and poems.

The new students showed their enthusiasm by participating in different games organized by the host students. Explaining the meaning of Shagufta, which is a prayer to blossom, flourish and progress, the chief guest Principal Dr Sareen inspired the students to work hard and lead pious lives.

She blessed the students with success and glory. The glamour and capability of students were adjudged in three rounds. Grabbing the spotlight, Gunraaj bagged the title of Ms Freshers; Sejal became Ms Elegant; Nikita won the title of Ms Professional; Tanmanpreet was declared Ms Gravity. The winners were crowned and Principal Prof. Dr (Mrs) Ajay Sareen presented them with gifts.

May 30

Hans Raj Mahila Maha Vidyalaya organized a Summer Finishing School to enable the girl students to have a fun-filled learning experience and to train them in various fields of skill enhancement and personality development. During the ten-day finishing school, students learnt numerous innovative things in the areas of fashion designing, cooking, cosmetology, home science, screen printing, block printing, fitness and well-being, stitching, moral education, gift wrapping, RJ and anchoring, bouquet making, dance, music and graphic animation.

The Jubilant Month of **JUNE**



An attempt to beat Plastic Pollution.

June 1

A one-day trip to Wonderland was organized for the students of HMV Collegiate Sr. Sec. School. 115 students spent amazing time at Wonderland which provided them a break from the routine of classes.

June 2

Annual Awards Day



Anual Awards Day was organized in Hans Raj Mahila Maha Vidyalaya. Esteemed Sh. Navjot Singh Sidhu, Minister of Local Government, Tourism, Cultural Affairs, Archives and Museums, Govt. of Punjab was the Chief Guest and reverend Dr Satish Kumar Sharma, Director Colleges, DAV CMC, New Delhi was the Guest of Honour. The other dignitaries on the dais were Justice Sh. N.K. Sud (Retd), Vice President, DAV CMC and Chairman LMC; and Sh. Arvind Ghai, Secretary, DAV CMC. Principal Prof. Dr (Mrs) Ajay Sareen welcomed the guests and presented the Annual Report of the institution focusing on the remarkable highlights and achievements of the institution.

The prize winners were duly honoured for their achievements in academics, general, youth welfare, NCC, NSS and Student Council. Sh. Navjot Singh Sidhu congratulated the Principal for the achievements of the institution and firmly held that it is very difficult to sustain excellence for a very long time. He enthralled the audience with his words of wisdom and inspired them by sharing many valuable anecdotes from his past. A cultural programme was also presented on the occasion. After the prize distribution, the Cricket Academy was inaugurated with the pious hands of Sh. Sidhu. Stage was conducted by Dr Anjana Bhatia and Dr Ramnita Saini Sharda.

Our Repertoire of Knowledge and Skill

Mrs Meenakshi Sayal, Coordinator HMV Collegiate Sr Sec. School, conducted Capacity Building Workshop for CBSE school teachers of senior secondary classes of DAV's Jalandhar cluster on 'Learning of Physics through Experimental Demonstrations' at Police DAV Sr Sec. School, Jalandhar on June 1, 2018.

June 4

HMV organized an Awareness Campaign on Plastic Pollution on the occasion of World Environment Day.

June 5

The Placement Cell of HMV organized a Joint Campus Placement Drive in its premises. The representatives of 'People Scout A Trueblue Company', Director Ms Nutan Panda, Senior Manager Megha Sahni, Assistant Manager Aditya Batra, and Senior Recruiter Ms Naina Arora were welcomed by Principal Prof. Dr (Mrs) Ajay Sareen and Placement Cell In-charge Mr Gullagong. 60 students from HMV and other institutes and universities participated in this drive. 23 students were short listed for the post of Recruiting Coordinator with the salary package of Rs 2.55 lakhs.



June 6



The students of HMV Collegiate Sr. Sec. School made bird feeders during World Environment Week. These bird feeders were made with waste plastic and water and food could be easily provided to birds in them.

June 7

Ms Pooja, a student of HMV, got selected in WIPRO, a multinational company, during a placement drive. She was offered an annual package of Rs 1.92 lakhs. Placement officer Mr Gullagong informed that WIPRO had also offered her M. Tech. from BITS, Pilani. Principal Prof. Dr (Mrs) Ajay Sareen congratulated her.

June 8

HMV started OPEN SCHOOL in its premises

Hans Raj Mahila Maha Vidyalaya added another feather in its cap by starting HMV Open School for 10+2 Humanities Group. The equivalence of students of open school would be at par with the regular candidates. The students who had passed 10th in session 2016-17, those who were failed in 10+1 in session 2017-18 or any 10+2 fail candidate of CBSE/PSEB would be eligible for the open school. The certificate would be issued by Punjab School Education Board and would be equivalent to certificate issued to regular students.

June 9



HMV Collegiate Sr. Sec. School started 'Innovation Hub' for the students in its campus in collaboration with Indian Association of Physics Teachers (IAPT).

June 12

Net Savvy Inter Class Competition

Hans Raj Mahila Maha Vidyalaya organized 'Net Savvy Inter-class Competition' for its resident scholars. The topic of competition was 'Artificial Intelligence'. 18 scholars participated in it. The participants were judged individually on the basis of quality of content and its presentation.

Ms Manpriya Kaur, B. Sc. (Comp. Sc.) Sem II won first prize. Ms Navpreet Kaur of M. Com. Sem II won second prize and Ms Simran Babbar of B. Com. Sem II won third prize. Principal Prof. Dr (Mrs) Ajay Sareen congratulated the students for their efforts and gave them prizes.

June 13

HMV started CA Foundation Course classes. In these classes, expert professionals trained the students for November 2018 and May 2019 CA attempt. CA Sonia Chhabra taught accounting, CA Rashmi taught Law and Economics, CA Manisha Chawla taught Math and Business Correspondence, and Ms Nandini taught Reporting. In addition, Mock tests of 3 hours (each subject) were also conducted.

June 10



Medals in SOF National Cyber Olympiad

The students of HMV Collegiate Sr. Sec. School participated in 17th 'National Cyber Olympiad'. The students of SSC I and SSC II participated in the Olympiad. Vishesh of SSC I (Commerce) and Priya of SSC II (Arts) bagged Gold Medal. Bhanvi of SSC I (Arts) and Nikhita Sharma, Kamakshi and Rachita of SSC II (Arts) won Silver Medal. Dilpreet of SSC I (Arts) and Shreya Jetlie of SSC II (Arts) won Bronze Medal. Principal Prof. Dr Mrs Ajay Sareen appreciated the commendable efforts of the students.

June 14

HMV Started 7 New Courses

Hans Raj Mahila Maha Vidyalaya started seven new courses from the new academic session. The courses are M.A. Journalism and Mass Communication; M. Sc. Chemistry; Bachelor of Physical Education and Sports (BPES); B. Voc. Nutrition, Exercise and Health; B. Voc. Fashion Technology; Diploma in Cosmetology; and Diploma in Computer Application.

Our Repertoire of Knowledge and Skill

Mrs Meenakshi Sayal, Coordinator HMV Collegiate Sr. Sec. School, acted as resource person to guide for preparation of NAAC Peer Team Visit at DAV Institute of Engineering and Technology and conducted mock visit as one of virtual members of NAAC Peer Team.

June 15

'Commerce Talent Search' examination at HMV Collegiate School

HMV Collegiate Sr. Secondary School organized 12th National Level 'Commerce Talent Search' examination. The students of SSC I and SSC II of commerce faculty participated in the Olympiad. In SSC II category, Nitjap Kaur bagged first prize, Namrata bagged second prize and Divya Sharma bagged third prize. In SSC I category, Sanya Singla got first prize, Sargun Pawar got second prize and Palak got third prize. Principal Dr Mrs Sareen appreciated the efforts of the students and encouraged them to work harder.



June 16

One-Week Computer Workshop conducted at HMV



The Computer Science and IT department organized one-week computer workshop for women constables to provide them training and support in practical learning of computer. The Chief Guest Mr Gautam Singhal, ADCP Headquarters and Security, Jalandhar District was welcomed by Principal Prof. Dr (Mrs) Ajay Sareen with a planter. A total of 200 NGO's and EPO's participated in the workshop and it was divided into two batches. Faculty members of the department were the resource persons of the event. The working knowledge of MS Office was provided to the participants with a test conducted at the end to evaluate their performance. Certificates were issued to them. This workshop was a joint effort of the college and Police Administration to empower women and making them computer savvy. At the end, certificate of appreciation was awarded to Principal Prof. Dr (Mrs) Ajay Sareen by Chief Guest Mr Gautam Singhal on behalf of Punjab Police.



June 17

The students of B.A. Political Science (Hons) Sem V bagged university positions in the results declared by GNDU Amritsar. Ms Rafia got 1st position with 77 marks, Ms Gavneet Kaur got 4th position with 72 marks and Ms Amisha Mohan got 10th position with 60 marks. Principal Prof. Dr Mrs Ajay Sareen congratulated the students.

June 18

2 2 students of Hans Raj Mahila Maha Vidyalaya brought laurels to the college by securing top positions in B. Com (Hons) Sem-III result declared by Guru Nanak Dev University.

Anupriya got 2nd position with 42 marks, Shweta got 3rd position with 39 marks, Bhavneet got 4th position with 38 marks, Jasmeen got 5th position with 37 marks, Manju and Damini got 6th position with 36 marks, Pooja Bhatt got 7th position with 35 marks, Diksha got 8th position with 34 marks. In addition, Neha, Shilpa, Mehak, Reema, Geetanjali, Priya, Priyanka, Vaishali got 9th position with 33 marks. Shivaly, Nidhi, Prabhleen, Nandini, Neha Sidana and Riya Ghuman got 10th position with 32 marks. Principal Prof. Dr Mrs Ajay Sareen congratulated the students and Head of Commerce Department Dr Kanwaldeep Kaur.

June 19



Silver Nanoparticles Synthesized by Using Indian Mythological Plant Leaves by Dr Ekta Khosla and her team.

June 20



Hans Raj Mahila Maha Vidyalaya, taking another step towards community service, joined hands with 'Kanya Shiksha Prasar Sangathan', an NGO dedicated to educate and empower the needy girls for their self-dependence by running three six-month courses - Cosmetology, Cutting and Stitching (tailoring) and Computer Fundamentals - under CDTP scheme (Community Development through Polytechnic).

June 21

International Yoga Day celebrated

International Yoga Day was celebrated at HMV. The students learnt various yoga asanas. NSS program Officers Mrs Veena Arora and Dr Anjana Bhatia encouraged the students to perform Yoga on daily basis. Yoga was performed by students of NSS and Sports Department under the supervision of DPEs - Ms Harmeet and Ms Sukhwinder.



June 22

4 2 students of our college bagged positions in B.Com. (Hons) Sem-V result declared by Guru Nanak Dev University. Principal Prof. Dr (Mrs) Ajay Sareen congratulated the students and Head of Department Dr Kanwaldeep Kaur.



June 24



The staff members of Hans Raj Mahila Maha Vidyalaya arranged 'Chhabee' for public outside the college on the occasion of Nirjala Ekadashi.

Research Corner

Mrs Meenakshi Sayal, Coordinator HMV Collegiate Sr Sec. School, published a research paper titled 'Value Based Education in Context of Globalization: Need of Hour' in UGC sponsored international journal (Jr No. 48755) Glimpses Vol.7, ISSN 2250-0561 with impact factor 5.05.

June 23



The students of B.A. Psychology (Hons) Sem-III bagged first four positions in GND University exams. Yogita got first position with 84 marks; Manpreet and Pallavi got second position with 83 marks; Manpreet Kaur got third position with 81 marks; and Jasleen got fourth position with 78 marks. Principal Prof. Dr (Mrs) Ajay Sareen congratulated the students and Head of the Department Dr Ashmeen Kaur.

June 25



The students of B.A. Psychology (Hons) Sem-V bagged first four positions in GND University exams. Radha got first position with 89 marks; Damini got second position with 83 marks. Jaskeerat Kaur and Pragya got third position with 81 marks and Srishti got fourth position with 78 marks. Principal Prof. Dr Mrs Ajay Sareen congratulated the students and Head of Psychology Department Dr Ashmeen Kaur.

June 27

Ten-day Bhangra Workshop

The Dance Department of Hans Raj Mahila Mahavidyalaya conducted ten-day Bhangra workshop in the college premises in collaboration with Soul Shakers Academy, Jalandhar. Mr Harjot Singh and Mr Sarvesh from Soul Shakers Academy were the resource persons. The students from all age groups participated in the workshop to learn Bhangra. Principal Prof. Dr (Mrs) Ajay Sareen congratulated the participants and workshop In-charge Dr Pooja Minhas, HOD, Dance Department for successful completion of the workshop.



June 28

Two-day Printing Workshop



The Bachelor of Design department of the college conducted two-day Printing Workshop. In the workshop, the students learnt about various techniques of printing and surface ornamentation.

The students also explored various printing techniques like block printing, screen printing, stencil printing, etc.

Principal Prof. Dr (Mrs) Ajay Sareen congratulated Ms Shama Sharma, Head of Fine Arts Department for successful completion of the workshop.

Our Repertoire of Knowledge and Skill

Mrs Meenakshi Sayal, Coordinator HMT Collegiate Sr Sec. School, acted as resource person on the topic 'Lecture on Teaching, Learning and Evaluation' at B. D. Arya College, Jalandhar Cantt.

Mrs Mukti Arora, Dept of Cosmetology, published an article on 'Beauty Tips for Skin Care' in Punjabi Ait on June 22, 2018.

Mrs Navroop, Dept of Punjabi, was honoured in World Punjabi Conference supported by Canadian International Academic Services Inc. for her commitment to the Punjabi and Indo-Canadian community in promoting education and awareness.

Mr Harpreet Singh, Dept of Bioinformatics, contributed in the publication of Molecular Cloning and Characterization of Genes Encoding FK506-binding Proteins in Wheat (*Triticum aestivum* L.) J. Plant Biochem. Biotechnol. 26(4), 467-477. (Impact Factor 5 year 1.086).

Mr Pradeep Mohta, Dept of Computer Sc, published a book titled Computer Science for class XII under PSEB (2018).

हंसराज महिला महाविद्यालय का वार्षिक पुरस्कार वितरण समारोह आशावादी सोच लेकर परिश्रमी बनें, कामयाबी जरूर मिलेगी : नवजोत सिद्धू



नवजोत सिद्धू, 242 छात्रों को पुरस्कार देते हैं।

हंसराज महिला महाविद्यालय के प्राचार्य नवजोत सिद्धू ने वार्षिक पुरस्कार वितरण समारोह में 242 छात्रों को पुरस्कार दिए। प्राचार्य ने छात्रों को आशावादी सोच और परिश्रम के साथ कामयाबी मिलेगी की राय व्यक्त की।



प्राचार्य नवजोत सिद्धू ने छात्रों को आशावादी सोच और परिश्रम के साथ कामयाबी मिलेगी की राय व्यक्त की।

Dip in accidental deaths due to traffic awareness in Punjab: DGP



पंजाब में दुर्घटनाओं की संख्या में गिरावट आई है, जो कि यातायात जागरूकता के कारण है।

‘अजय सरीन को अंतर्राष्ट्रीय महिला शक्ति शिरोमणि अवार्ड’



अजय सरीन को अंतर्राष्ट्रीय महिला शक्ति शिरोमणि अवार्ड से सम्मानित किया गया।

छात्राओं, टीचिंग व नॉन-टीचिंग स्टाफ ने दिखाई खेल प्रतिभा



छात्राओं और टीचिंग व नॉन-टीचिंग स्टाफ ने खेल प्रतिभा दिखाई।

HMV inaugurates 'Digital Notice'



HMV ने 'Digital Notice' का शुभारंभ किया।

CAMPUS NOTES

Computer workshop for women constables

A computer workshop for women constables was organized at Haryana Sahitya Akademi...

एचएमवी में 'सिंथेसिस ऑफ सिल्वर नैनो पार्टिकल्स यूजिंग इंडियन माइथोलॉजिकल लीव्स' पर रिसर्च



एचएमवी में 'सिंथेसिस ऑफ सिल्वर नैनो पार्टिकल्स यूजिंग इंडियन माइथोलॉजिकल लीव्स' पर रिसर्च प्रस्तुत की गई।

अजय सरीन को अंतर्राष्ट्रीय महिला शक्ति शिरोमणि अवार्ड



अजय सरीन को अंतर्राष्ट्रीय महिला शक्ति शिरोमणि अवार्ड से सम्मानित किया गया।

मंडल गैसुएट वरिष्ठारघट लसी रुधस-2018



मंडल गैसुएट वरिष्ठारघट लसी रुधस-2018 का शुभारंभ किया गया।

एच.एम.वी. लोसमैट ड्राइव में 57 छात्राओं का चयन



एच.एम.वी. लोसमैट ड्राइव में 57 छात्राओं का चयन किया गया।

The 10 Principles of Arya Samaj

1. God is the efficient cause of all true knowledge and all that is known through knowledge.
2. God is existent, intelligent and blissful. He is formless, omniscient, just, merciful, unborn, endless, unchangeable, beginning-less, unequalled, the support of all, the master of all, omnipresent, immanent, un-aging, immortal, fearless, eternal and holy, and the maker of all. He alone is worthy of being worshiped.
3. The Vedas are the scriptures of all true knowledge. It is the paramount duty of all Aryas to read them, teach them, recite them and to hear them being read.
4. One should always be ready to accept truth and to renounce untruth.
5. All acts should be performed in accordance with Dharma that is, after deliberating what is right and wrong.
6. The prime object of the Arya Samaj is to do good to the world, that is, to promote physical, spiritual and social good of everyone.
7. Our conduct towards all should be guided by love, righteousness and justice.
8. We should dispel Avidya (ignorance) and promote Vidya (knowledge).
9. No one should be content with promoting his/her good only; on the contrary, one should look for his/her good in promoting the good of all.
10. One should regard oneself under restriction to follow the rules of society calculated to promote the well-being of all, while in following the rules of individual welfare all should be free.



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